

# Welcome to the Magical Months in Tibet with Rupert Wolfe Murray

Have you ever dreamt of escaping the hustle and bustle of everyday life and immersing yourself in a land of breathtaking beauty and spiritual tranquility? Look no further than the enchanting months spent in the mystical land of Tibet, with the remarkable adventurer Rupert Wolfe Murray as your guide.

With his mesmerizing tales and profound insights into the culture and traditions of Tibet, Rupert Wolfe Murray offers a unique and unforgettable experience for those seeking to connect with their inner self and explore the untouched corners of the world. Let us take you on a journey through the captivating months in Tibet, where breathtaking landscapes, awe-inspiring monasteries, and enlightening encounters await.

## Discovering the Magic of Tibet

Tibet, often referred to as the "Roof of the World," is a land filled with mysticism, spirituality, and natural splendor. Nestled high in the Himalayas, Tibet offers an extraordinary blend of ancient traditions, stunning landscapes, and warm-hearted locals.



### **9 Months in Tibet** by Rupert Wolfe-Murray (Kindle Edition)

★★★★☆ 4.2 out of 5

Language	: English
File size	: 1400 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 391 pages
Lending	: Enabled
Screen Reader	: Supported



Under the guidance of Rupert Wolfe Murray, a seasoned traveler and explorer, you will have the privilege of delving deep into the heart of Tibet's culture and spirituality. From Lhasa, the spiritual capital, to remote monasteries perched on mountaintops, you will witness firsthand the richness and authenticity of Tibetan traditions.

One of the highlights of the months spent in Tibet is the opportunity to participate in traditional Tibetan ceremonies and rituals. Whether it's observing monks chanting in monasteries or joining locals in sacred pilgrimages, every experience will transport you to a state of awe and wonder.

The beauty of Tibet doesn't only lie in its monasteries and rituals. The serene landscapes, such as the breathtaking Himalayan mountains and the tranquil turquoise lakes, offer a sense of peace and tranquility that is hard to find elsewhere.

## **Uncovering Hidden Gems**

Months in Tibet with Rupert Wolfe Murray means more than just visiting well-known tourist spots. As a seasoned explorer, Murray has an uncanny ability to discover hidden gems that few have ventured to explore.

Imagine stumbling upon a secluded village nestled amidst vibrant green pastures, where you'll be welcomed by smiling faces and open hearts. Or embarking on a trek to an ancient cave with intricate murals, revealing the stories of a bygone era. These are the magical moments that make the months in Tibet truly extraordinary.

During your time in Tibet, you'll have the chance to interact with local Tibetans and gain a deeper understanding of their way of life. From sharing meals with nomadic families on the Tibetan plateau to learning traditional crafts from artisans, each encounter will leave a profound impact on your soul.

## **Embarking on a Spiritual Journey**

Months in Tibet with Rupert Wolfe Murray is not just a sightseeing adventure; it is a transformative spiritual journey. Murray's deep respect for Tibetan culture and his profound understanding of its spiritual wisdom will guide you in exploring your own inner self.

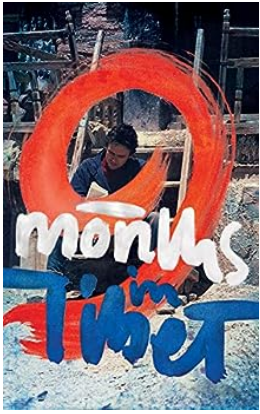
Through meditation sessions in sacred monasteries, insightful discussions on Tibetan philosophy, and guided hikes to sacred mountains, you'll have the opportunity to connect with your own spirituality and find inner peace.

As the months unfold, you will witness the profound impact of Tibetan Buddhism on the local community and experience firsthand the power of compassion and mindfulness. The teachings of Tibetan lamas will inspire you to embrace a more meaningful and fulfilling way of life.

## **A Unique Opportunity Awaits**

The months in Tibet with Rupert Wolfe Murray offer a once-in-a-lifetime opportunity to embark on a soul-stirring adventure in one of the most captivating lands on Earth. This transformative journey will deepen your understanding of Tibetan culture, spirituality, and the very essence of your own existence.

Are you ready to embark on an extraordinary adventure that will leave an indelible mark on your soul? Join Rupert Wolfe Murray on the mesmerizing months in Tibet and let the magic of this ancient land transform your life forever.



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With a foreword by Alexander McCall Smith.

“I’ve had cause to justify using the cliché ‘I couldn’t put it down’ on very few occasions, and this is one of them. It really is unputdownable – a highly unlikely but irresistible combination of Robert Byron and Hunter S. Thompson.’ – Charles Ramble, Director of Studies in Tibetan History and Philology at the EPHE (Sorbonne), Paris.

9 Months in Tibet offers a glimpse into a lost world, a country that was bursting with ancient charm and had not yet become the IT-controlled-police-state that it now is.

During the 1980s Tibet briefly opened to foreign travellers. Backpackers like Wolfe Murray were allowed to wander freely for up to three months -- but very few had the gall to make it their home, as Wolfe Murray attempted.

Everyone who's read 9 Months in Tibet was touched by it. Some people laugh at Wolfe Murray's attempt to find work in Lhasa, or his hopeless love affairs; others

feel inspired by his unplanned approach to independent travel and say "if he can do it I can too."

Alexander Mc Call Smith, who wrote the foreword, had this to say:

"Patrick Leigh Fermor set forth on his extraordinary walk through pre-War Europe, or Laurie Lee embarked on his own famous walk. There are many other accounts of similar journeys. Rupert Wolfe Murray's story of his time in Tibet belongs in the same company. He has written a highly readable and engaging book about going off to Tibet in the late nineteen-eighties, with little money in his pocket, but with all the optimism and determination that goes with being 23."

Publishing history:

9 Months in Tibet was first published in 2016, in paperback format, by Scotland Street Press. The first edition sold out and it was re-printed.

Some reviews:

"A wacky, witty, off-the-cuff tale...Honest at all times, and without bravado or self-regard." Country Life.

"One of the beautiful paradoxes of 9 Months in Tibet is that being such an amateur and reckless traveller makes Wolfe Murray an exemplary one." The Herald.

Readers' Feedback:

"Wolfe-Murray's trick is to deliver stunningly unusual observations deadpan...The descriptions of the rioting in Lhasa – which the author witnessed by accident and parlayed into his first outing as a foreign correspondent – are brilliant, particularly

because he gives a compelling eyewitness account without putting his own dramatic experience of danger at the centre of things.” Kevin Sullivan, journalist.

“This is an amazing book and I’m so glad the author lived to tell the tale ... it felt like a miracle that he did! It is an almost unbelievable story, consisting of a million almost unbelievable stories – utterly hilarious, or quirky, or hair-raising, or disturbing, and all of them memorable! I find his no-nonsense style of telling very attractive.” Gabriella Bullock, daughter of W.S. Moss, author of *Ill Met by Moonlight*.

“It reads well, with fine touches of humour and a refreshing absence of self-importance...The Tibet section catches well the atmosphere, the spirit, the significance of events at the time. The pen-portraits that he paints of people he met there are sharply drawn, catching our foibles and our dialogue very well. It works.” Robbie Barnett, Professor of Tibetan Studies, Columbia University, NYC.

“The tone of honesty I felt was important, unique and appealing. The admittance of not being any sort of clued-up pioneer into the unknown but rather an open minded curious man, tripping through an alien world and taking to it far easier than most others because everything comes at face value, without an encyclopedia-type knowledge of what everything was and therefore now should be.” Eion Gibbs, author



## **Life Overseas As Told By Travel Blogger**

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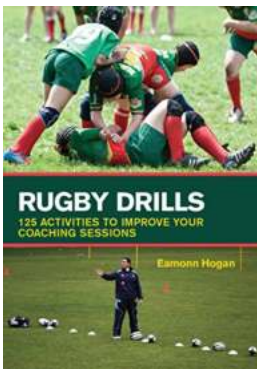
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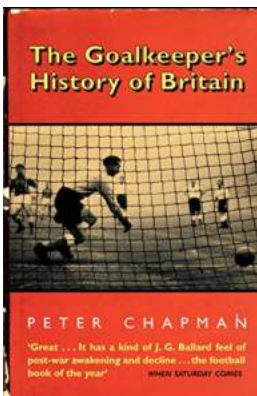
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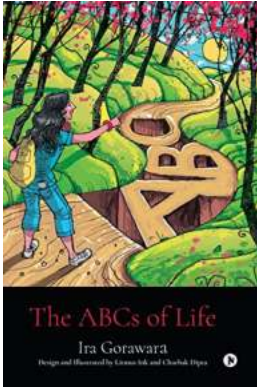
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