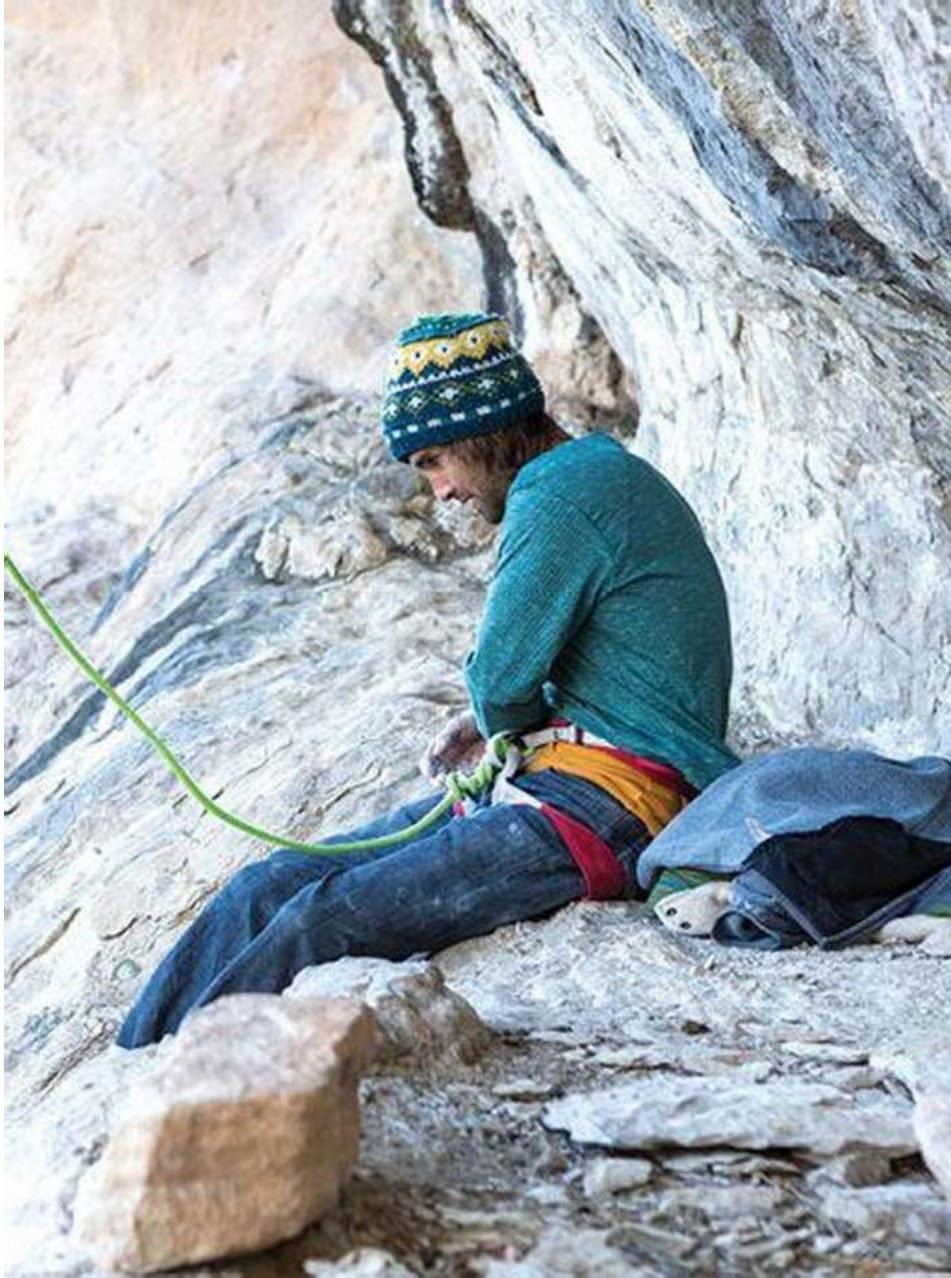


Vertical Janet Eoff Berend: The Inspiring Journey to New Heights

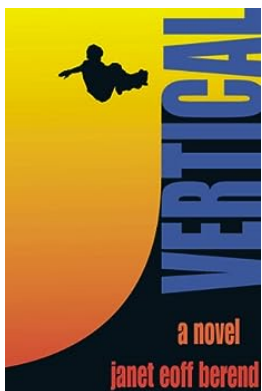


When it comes to pushing boundaries and chasing dreams, few can compare to the incredible journey of Vertical Janet Eoff Berend. This fearless individual has conquered the highest peaks and shown the world what it means to truly live life to the fullest. From her early challenges to her breathtaking accomplishments in

rock climbing, Janet has become an inspiration to all who aspire to overcome their limitations and reach new heights.

Background and Early Challenges

One might think that Janet Eoff Berend was born with a love for adventure, but her journey to becoming a world-class rock climber was far from easy. Born and raised in a small town in Colorado, as a child, Janet faced numerous physical challenges that made everyday activities a struggle. However, instead of accepting her limitations, she saw them as obstacles to overcome.



Vertical by Janet Eoff Berend (Kindle Edition)

★★★★☆ 4 out of 5

Language	: English
File size	: 328 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 160 pages
Lending	: Enabled



Janet's determination led her to enroll in various outdoor sports programs and activities, where she discovered her passion for rock climbing. It was on those towering cliffs that she found her calling and set her sights on becoming one of the best in the world.

The Climb to Greatness

Janet's journey towards greatness was marked by countless hours of training, resilience, and a never-give-up attitude. She faced numerous setbacks along the

way, from injuries to crushing defeats, but she refused to let anything hold her back. With each challenge, Janet only became more determined to overcome her limitations and reach new heights.

Her hard work paid off when she participated in her first international rock climbing competition. Against all odds, Janet secured a podium finish and caught the attention of the world. From that moment on, there was no stopping her.

Reaching New Heights

Janet's passion for rock climbing quickly took her to the greatest mountains and cliffs around the globe. She fearlessly tackled towering peaks in the Himalayas, conquered the treacherous cliffs of Patagonia, and set new records in speed climbing.

Her awe-inspiring achievements earned her the nickname "Vertical Janet" and made her a role model for aspiring climbers everywhere. People began looking up to her not only for her physical prowess but also for her indomitable spirit and unwavering determination.

Becoming a Motivational Speaker

As her fame grew, Janet realized the potential of her story to inspire others. She decided to channel her experiences into motivational speaking, captivating audiences with her tales of triumph over adversity and the power of embracing one's passions.

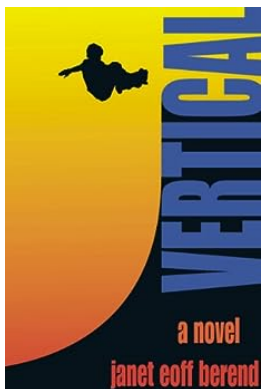
Through her speeches, Vertical Janet Eoff Berend has touched the lives of countless individuals, encouraging them to break free from their own limitations and strive for greatness. She emphasizes the importance of pushing oneself

beyond comfort zones, embracing challenges, and finding the courage to scale new heights.

The Legacy of Vertical Janet Eoff Berend

Today, Janet continues to inspire people from all walks of life. Her relentless pursuit of excellence and her unyielding spirit have left an indelible mark on the world of rock climbing and beyond.

Vertical Janet Eoff Berend serves as a reminder that even the most daunting challenges can be overcome with perseverance, passion, and unwavering determination. Her story will forever inspire others to reach for the sky, climb to new heights, and live life with uncompromising boldness.



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Skateboarder Josh Lowman witnesses one of the best skateboarders in town (the local bully) commit a crime. For days he agonizes over whether to tell anyone. Meanwhile, his friendships with a fellow skater, a girl in his English class, and a cool math tutor (a college student who skates) slowly steer him toward a new kind of courage.

“I think Vertical is awesome! It felt like I was reliving the early years where my passion for skateboarding was so new, fresh, and profound.”

—Danny Way, three-time X Games gold medalist

“Berend captures perfectly the bravado and angst of teenage boys hooked on wanting to risk it all and terrified of losing something they can’t define. A tightly drawn tale of when to speak out and the cost of friendship, Vertical glides in and out of trouble as deftly as Josh Lowman’s skateboard.”

—Sarah Collins Honenberger, author of the bestseller *Catcher, Caught*

“Vertical gives you the true feeling of what it’s like to have an obsession with skateboarding.”

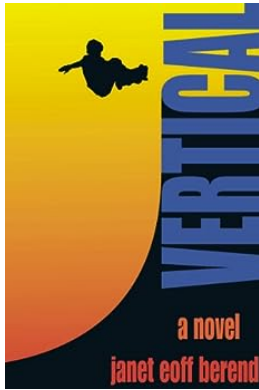
—Mike McGill, skateboarding legend

“I really felt a connection to this book and all of the skateboarding parts. It just feels real.”

—Mitchie Brusco, youngest athlete to compete in the X Games 2011 Mega Ramp, first person to land the 900 in Mega Ramp competition

“The narrator’s voice is very authentic. Skating details are incredible. . . . The tension builds gradually and becomes a real page-turner. . . . Teens will appreciate the appeal of day-to-day skating challenges overlaid with larger life challenges. Being a teenager often does feel like being at the top of a large half pipe and what kid doesn’t want to feel that exhilaration of soaring above it all?”

—Laurie Stowell, Ph.D., California State University, San Marcos,
Literacy Education



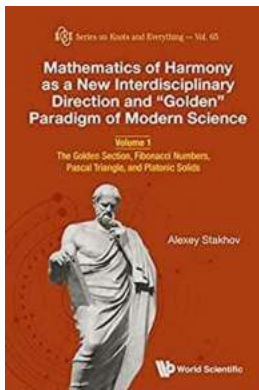
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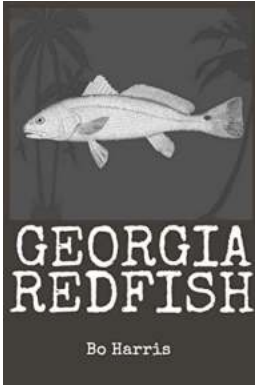
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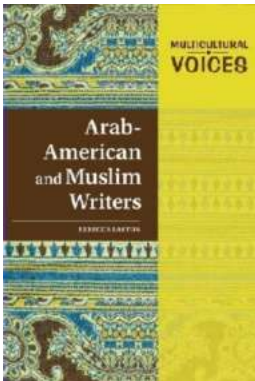
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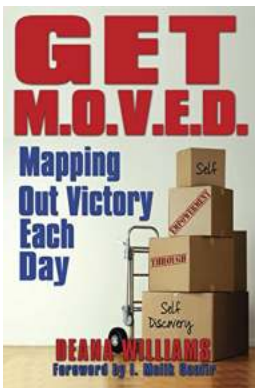
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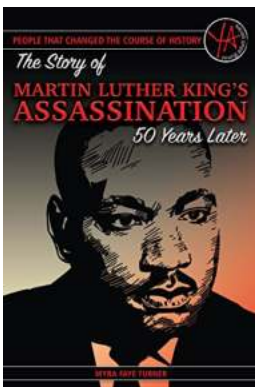
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