

Tide Times Lyme Bay Lyme Regis Dorset 2020: Your Comprehensive Guide

Planning a visit to the beautiful Lyme Regis in Dorset? Ensure you make the most of your trip by understanding the tide times of 2020. Being aware of the tide schedules is crucial for various activities like fishing, sailing, swimming, and exploring the mesmerizing marine life. In this article, we will provide you with detailed information about the tide times in Lyme Bay, Lyme Regis, Dorset for the year 2020. So, let's dive in!

Understanding the Importance of Knowing Tide Times

Before we delve into the specific tide time tables, let's take a moment to understand why knowing the tide times is essential. Tide times are essentially the most accurate and reliable way to determine when the sea will be at its highest or lowest point during the day. This information is not only useful for recreational activities but also for ensuring your safety in coastal areas.

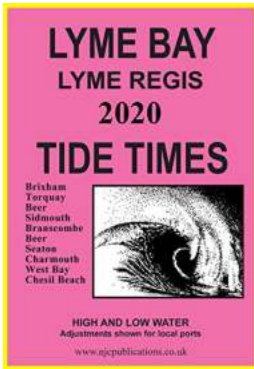
For instance, if you're planning to go swimming or exploring the beach at Lyme Regis, knowing the tide times will provide you with valuable insights on when it's safe to do so. High tide can often bring strong currents and surges, making it dangerous for swimming or venturing out into the water. On the other hand, low tide exposes hidden rocks and reefs, making it ideal for beachcombing or exploring tidal pools.

2020 TIDE TIMES – LYME BAY – LYME REGIS DORSET (2020 TIDE TIME TABLES)

by Debora Ferraiuolo (Kindle Edition)

★★★★★ 5 out of 5

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2020 Tide Times in Lyme Bay, Lyme Regis, Dorset

Here are the tide time tables for 2020 in Lyme Bay, Lyme Regis, Dorset:

Tide Time Tables for Lyme Bay, Lyme Regis, Dorset (2020)

Date	High Tide	Low Tide
January 1	09:30 AM	03:45 PM
January 2	10:15 AM	04:15 PM
January 3	10:45 AM	04:45 PM

Please note that these tide time tables are approximate and subject to change due to various factors, including weather conditions and astronomical influences. It's always recommended to double-check the tide times closer to your visit using reliable sources or contacting local authorities.

Activities to Enjoy at Different Tides

Now that we have the tide time tables, let's explore some exciting activities you can enjoy at different tide levels:

High Tide Activities:

During high tide, the water level is at its peak, and it's perfect for indulging in various water-based activities. Some popular high tide activities in Lyme Regis include:

- 1. Sailing and boating: With the high water levels, you can take advantage of the deep water and set sail to explore the stunning coastline of Lyme Bay. It's an excellent opportunity to appreciate the scenic beauty and spot marine life such as seals, dolphins, and seabirds.
- 2. Fishing: High tide is ideal for fishing enthusiasts, as it brings in plentiful fish and provides easy access to deeper waters where bigger fish often reside. Whether you're an experienced angler or a beginner, fishing during high tide can be a rewarding experience.

Low Tide Activities:

During low tide, the water level recedes, revealing hidden treasures and creating unique experiences. Here are some exciting low tide activities you can enjoy:

- 1. Beachcombing: Low tide exposes vast stretches of the beach, revealing shells, rocks, and other fascinating marine artifacts. This presents a perfect opportunity for beachcombing, allowing you to discover hidden gems washed up by the sea.
- 2. Exploring tidal pools: As the water retreats, it leaves behind tidal pools among the rocks. Exploring these pools is like diving into an underwater wonderland. You can witness various marine creatures like crabs, starfish, and small fish in their natural habitat.

Additional Resources for Tide Times and Safety Measures

While this article provides comprehensive information about the tide times in Lyme Bay, Lyme Regis, Dorset for 2020, it's always wise to stay updated with the latest information. Here are some additional resources and safety measures you should consider:

- 1. Local tide time apps and websites: Several websites and mobile apps provide real-time tide information for coastal areas. Ensure you have access to reliable sources and confirm the tide times before planning your activities.
- 2. Local authorities and lifeguards: Reach out to local authorities or speak to the lifeguards on the beach for the most accurate tide times and any specific safety recommendations for the area.
- 3. Respect the sea and follow safety guidelines: Remember always to put your safety first. Follow safety guidelines provided by local authorities, such as swimming in designated areas, wearing appropriate safety gear, and keeping a close eye on changing tide conditions.

Planning your activities around the tide times in Lyme Bay, Lyme Regis, Dorset is crucial for a safe and enjoyable experience. With this comprehensive guide, you now have the tide time tables for 2020 and insights on the best activities to enjoy at different tide levels. Remember to stay updated with the latest information, respect the sea, and follow all safety measures to make the most of your visit to this stunning coastal region.

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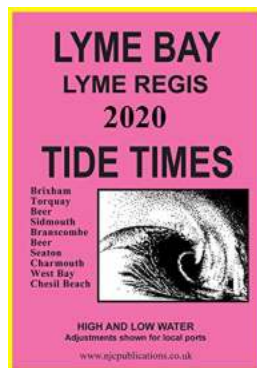
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2020 Tide Times for Lyme Regis covering the East Devon & West Dorset Jurassic Coast of Lyme.

Tidal Adjustments for Dover, Start Point, Devonport, Brixham, Beer Head, Sidmouth, Exmouth, Torbay, West Bay & Axmouth.

The predictions show both high and low water times in metres.

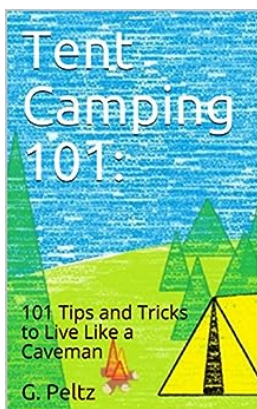
Ideal for fishing, sailing, canoeing, diving & other water sports.

Also suitable for planning coastal walks along the Chesil Beach, Jurassic Coast & fossil hunting.



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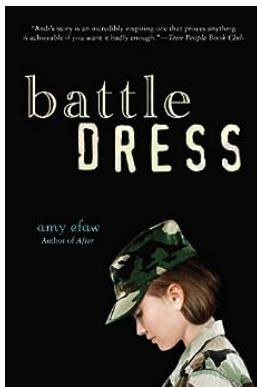
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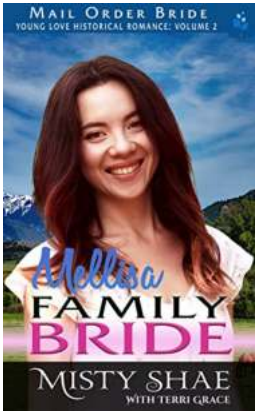
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