

# The Ultimate Guide to Mastering the Coaching Basketball Blocker Mover Motion Offense

Are you a basketball coach looking for a cutting-edge offensive strategy that will give your team the competitive edge? Look no further than the Blocker Mover Motion Offense. This innovative approach to the game has gained popularity in recent years, thanks to its ability to create open shots and keep the defense guessing. In this article, we will delve into the intricacies of this offense, providing you with a comprehensive guide to mastering the Coaching Basketball Blocker Mover Motion Offense.

## What is the Blocker Mover Motion Offense?

The Blocker Mover Motion Offense is a fast-paced offensive strategy that relies on player movement, ball rotation, and constant communication. Unlike traditional offenses that focus on set plays or individual talent, the Blocker Mover Motion Offense thrives on teamwork, spacing, and high basketball IQ. It emphasizes the use of screens and cuts to create open scoring opportunities, while also encouraging players to make quick decisions to keep the defense on their toes.

This offense is characterized by two main player roles - the blockers and the movers. The blockers set screens to create space for the movers, who then use the screens to cut to the basket or find open shooting opportunities. This constant movement and coordination disorient the defense, creating openings necessary for scoring.

**Coaching Basketball's Blocker-Mover Motion Offense: Winning With Teamwork and Fundamentals** by Kevin Sivils (Kindle Edition)

★★★★☆ 4.5 out of 5



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## Advantages of the Blocker Mover Motion Offense

There are numerous advantages to implementing the Blocker Mover Motion Offense in your team's game plan:

### 1. Creates Open Shots

The constant movement and off-ball screens in the Blocker Mover Motion Offense create opportunities for players to get open shots. By setting screens and running precise cuts, the offense forces the defense to scramble and make split-second decisions, often resulting in defensive breakdowns and open shooting opportunities.

### 2. Utilizes Every Player's Skillset

The Blocker Mover Motion Offense relies on teamwork and active involvement from every player on the floor. This offensive strategy emphasizes player movement, spacing, and passing, giving each member of the team an opportunity

to contribute. It encourages players to understand their strengths and find ways to exploit them within the offense.

### **3. Keeps the Defense Guessing**

The Blocker Mover Motion Offense keeps the defense on their toes with constant movement and quick decision-making. The offense forces the defense to make split-second choices on whether to switch, help, or stay with their man. This level of uncertainty often leads to defensive breakdowns, providing advantageous scoring opportunities for the offense.

### **4. Develops High Basketball IQ**

As players become more familiar with the Blocker Mover Motion Offense, they develop a deeper understanding of the game and improve their basketball IQ. This offense requires players to read the defense, make quick decisions, and communicate effectively, enhancing their overall basketball knowledge and decision-making skills on the court.

## **Key Principles of the Blocker Mover Motion Offense**

Now that you understand the advantages of the Blocker Mover Motion Offense, let's dive into some of the key principles that form the foundation of this effective offensive strategy:

### **1. Spacing**

Proper spacing is essential in the Blocker Mover Motion Offense. Players need to maintain specific distances from each other to create passing lanes and prevent defensive collapses. By spacing the floor effectively, the offense maximizes the potential for open shots and scoring opportunities.

### **2. Continuous Movement**

The Blocker Mover Motion Offense thrives on constant player movement. Players should always be in motion, whether they are setting screens, making cuts, or relocating to open spots on the court. This continuous movement keeps the defense off-balance and creates openings for scoring.

### **3. Screening and Cutting**

Screening and cutting are fundamental components of the Blocker Mover Motion Offense. The blockers set screens to create space for the movers, who then cut to the basket or relocate for open shots. Precise timing and communication are crucial to executing effective screens and cuts.

### **4. Quick Decision-Making**

The Blocker Mover Motion Offense requires players to make quick decisions on the court. They must read the defense, determine whether to use a screen, cut, or relocate, and make accurate passes. Quick decision-making keeps the defense on their heels and maximizes scoring opportunities.

### **5. Communication**

Effective communication is key in the Blocker Mover Motion Offense. Players must constantly communicate with each other to ensure proper spacing, coordinate screens and cuts, and make split-second decisions. Good communication enhances the overall coherence and efficiency of the offense.

## **Coaching Strategies for Implementing the Blocker Mover Motion Offense**

Implementing the Blocker Mover Motion Offense requires a systematic approach and effective coaching strategies. Here are some tips to help you master this offensive strategy:

## **1. Teach Fundamental Skills**

Prioritize teaching fundamental skills to your players to ensure they can execute the offense effectively. Emphasize passing, cutting, screening, and basketball IQ during training sessions. This will provide a solid foundation for executing the Blocker Mover Motion Offense efficiently.

## **2. Emphasize Communication**

Encourage constant communication among your players. Communication is vital in ensuring proper spacing, executing screens and cuts, and making quick decisions. Implement drills that promote effective communication and encourage your players to be vocal on the court.

## **3. Create Scrimmage Opportunities**

Provide ample opportunities for your team to practice the Blocker Mover Motion Offense in live game situations. Organize scrimmages where players can apply what they have learned and develop an instinctive understanding of the offense. This allows them to hone their decision-making skills and improve their overall execution.

## **4. Develop a Versatile Offense**

Avoid becoming too predictable with your Blocker Mover Motion Offense. Develop variations, counters, and plays that can exploit different defensive strategies. This versatility keeps the defense guessing and prevents them from effectively game-planning against your offense.

## **In**

The Coaching Basketball Blocker Mover Motion Offense is a powerful offensive strategy that can take your team's performance to new heights. Its emphasis on

player movement, spacing, and quick decision-making creates open shots and puts the defense on their heels. By understanding the principles and implementing effective coaching strategies, you can master this offense and give your team the competitive edge they need on the basketball court.



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Almost since the day Dr. Naismith invented basketball, the argument over which approach to offense, set plays or continuities versus rules based free-lance offense, has been raging.

Motion offense has been used by some of the most innovative and successful coaches in the game, Don Meyer (923+ career wins), Bobby Knight (902 wins), Dean Smith (879 wins) and Mike Krzyzewski – (910 wins – still active) and Coach Dick Bennett, the innovator responsible for the Blocker-Mover version of motion offense.

Motion offense's advocates love the offense because:

- once players have learned it, they can attack any defense.
- players love the freedom motion offense gives them to play the game.
- it is difficult to scout.
- there is a high degree of carryover from one season to the next.
- it can be used at any level of play.
- it can be adapted to any personnel, allowing continuity from one season to the next.

If motion offense has led to so much success, why don't more coaches adopt the offense? Some reasons include:

- fear of loss of control over the offense.
- confusion over how to teach motion offense.
- concern over how to make adjustments during a game.
- the belief the nature of the offense is too confusing for players (and coaches).
- confusion due to the rules based approach to offense versus the predetermined approach with set plays, quick hitters and continuity offenses.

Using Blocker-Mover Motion Offense will allow you to run motion offense and "fix" the problems common to the offense including:

- eliminate standing by increasing cutting and screening.
- generate more good shots by controlling where, how and who takes the shots.
- eliminate bad spacing with Blocker-Mover alignments.
- eliminate player confusion about who should set screens and who should be a cutter.

Coaching Basketball's Blocker-Mover Motion Offense: Winning With Teamwork and Fundamentals addresses all of these issues. There are lots of books on motion offense but many do not address the concerns that coaches interested in adopting motion offense have.

The Blocker-Mover system provides structure without eliminating the advantages of rules based offense, providing a coach with the means to maintain a degree of control over the offense, a method for easily making adjustments during a game just to name a few of the benefits of Blocker-Mover motion offense.

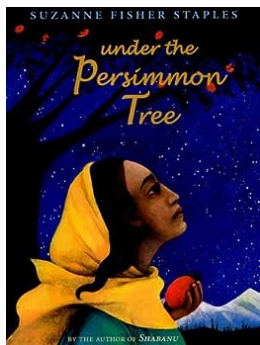
Within Coaching Basketball's Blocker-Mover Motion Offense's 262 pages, including 250+ illustrations and 50+ photographs, 16 chapters address the following:

- Rules for Blocker-Mover motion offense complete with explanations.
- Descriptions of the concepts of the Blocker and Mover concepts
- The strengths and weaknesses of each alignment -- Guidelines for which alignment best fits certain player personnel.
- Approaches to teaching motion offense with insights into teaching Blocker-Mover specifically.
- Drills to teach the essentials of movement, cutting, screening and more that are essential to successfully running any offense.
- Drills specifically designed to teach motion offense.
- Ideas on how to make adjustments to the offense during games.

The author, Coach Kevin Sivils, learned the Blocker-Mover offense from both Coach Dick Bennett and Coach Don Meyer and used the offense with success for years as a varsity basketball coach, winning 479 career wins along with 8 Coach of the Year awards.

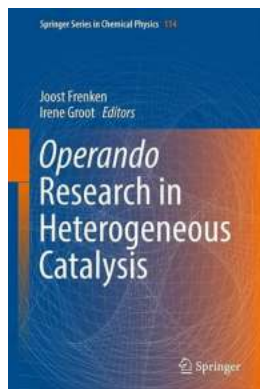


Other books by Coach Sivils include Game Strategy and Tactics for Basketball and Coaching Basketball's Fast Break Attack.



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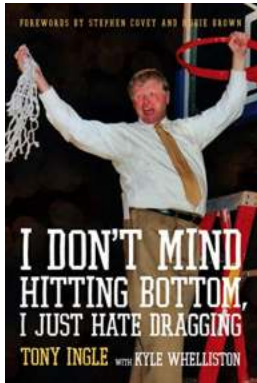
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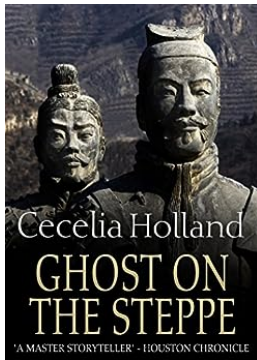
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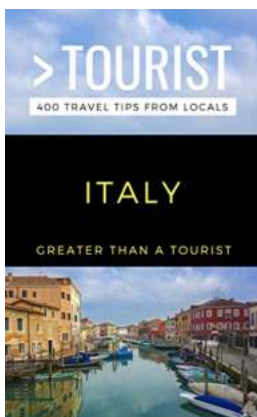
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