

The Ultimate Guide to Brian McCormick's Hard2Guard Player Development Newsletter

Are you an aspiring basketball player looking to take your game to the next level? Look no further than Brian McCormick's Hard2Guard Player Development Newsletter! In this comprehensive guide, we will delve deep into what makes this newsletter essential for any serious player who wants to improve their skills, knowledge, and overall performance on the court.

What is the Hard2Guard Player Development Newsletter?

The Hard2Guard Player Development Newsletter is a subscription-based publication created by Brian McCormick, a highly respected basketball coach, author, and educator. This exclusive newsletter brings together McCormick's wealth of knowledge and experience in player development, providing readers with invaluable insights, training tips, and strategies to enhance their game.

Why Subscribe to the Hard2Guard Player Development Newsletter?

1. Insider Tips from an Expert:

With over two decades of coaching and player development experience, Brian McCormick is a leading authority in the field. By subscribing to his newsletter, you gain access to his unparalleled expertise and proven methods for maximizing your potential as a player.

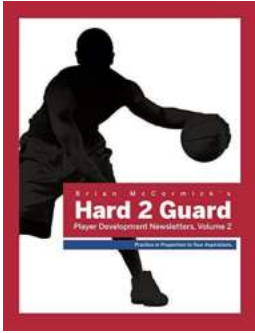
Brian McCormick's Hard2Guard Player Development Newsletter: Volume 6

by Brian McCormick (Kindle Edition)

★★★★★ 5 out of 5

Language : English

File size : 870 KB



Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 245 pages
Lending : Enabled
Screen Reader : Supported



2. Exclusive Content:

The Hard2Guard Newsletter delivers exclusive content that you won't find anywhere else. From in-depth articles on skill development to video analysis of NBA stars, each issue is packed with valuable information tailored to help players improve their game.

3. Stay Up-to-Date:

Basketball is constantly evolving, with new trends, techniques, and strategies emerging all the time. By subscribing to the newsletter, you ensure that you stay ahead of the curve, as Brian McCormick regularly updates subscribers on the latest developments in player development.

4. Versatile Resources:

Whether you're a coach, player, or just a basketball enthusiast, the Hard2Guard Player Development Newsletter has something for everyone. From drills and workouts to insightful articles and interviews, the newsletter caters to individuals at all skill levels, making it a valuable resource for anyone involved in the game.

What Can You Expect from the Hard2Guard Player Development Newsletter?

1. Training Drills and Workouts:

Each issue of the newsletter includes carefully crafted training drills and workouts designed to improve various aspects of your game. Whether you want to enhance your shooting, ball-handling, or overall athleticism, you'll find targeted exercises to help you reach your goals.

2. Skill Development Techniques:

Brian McCormick shares his knowledge on enhancing specific basketball skills, covering topics such as shooting mechanics, defensive strategies, passing techniques, and more. These insights will give you a competitive edge and help you develop a well-rounded game.

3. Strategies for Success:

From understanding game tactics to developing a winning mindset, the Hard2Guard Player Development Newsletter offers strategies that go beyond physical skills. McCormick's expertise in player development extends to psychological aspects as well, providing guidance on mental toughness, decision making, and leadership on the court.

4. Player Spotlights and Analysis:

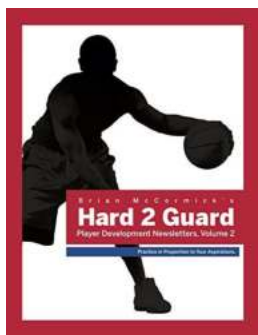
Ever wondered what makes NBA stars so dominant on the court? The Hard2Guard Player Development Newsletter showcases player spotlights and analysis, breaking down the techniques and strategies employed by top athletes. By studying these insights, you can learn from the best and incorporate their skills into your own game.

How to Subscribe to the Hard2Guard Player Development Newsletter

To reap the benefits of Brian McCormick's Hard2Guard Player Development Newsletter, simply visit the official website and sign up for a subscription. The

newsletter is delivered straight to your inbox, ensuring that you never miss out on valuable content that can take your game to new heights.

In , the Hard2Guard Player Development Newsletter is an invaluable resource for basketball players and coaches alike. Whether you're a beginner looking to lay down strong foundations or an experienced player striving to reach your peak performance, Brian McCormick's insights and guidance will undoubtedly accelerate your growth and development on the court. Don't miss out on this opportunity to gain a competitive edge and take your game to the next level - subscribe to the Hard2Guard Player Development Newsletter today!



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Brian McCormick's Hard2Guard Player Development Newsletters, Volume 6 tackles the basketball status quo and provides real world and well-researched answers to the questions that many fail to ask. Why do we teach young players to use the triple threat position on every catch when the model of professional offensive execution, the San Antonio Spurs, rarely use the triple threat at all?

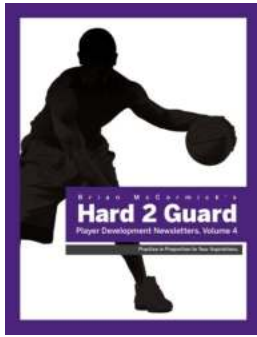
Why do we accept non-contact ACL injuries in girls' basketball as a fait accompli rather than implementing measures to reduce players' risks?

Volume 6 covers a wide variety of topics, and each page is filled with information that a player or coach can use immediately.

The free weekly newsletter is my collection of thoughts based on my experience in and around the game of basketball. I started Volume 6 while coaching in Denmark and taking a men's team to the league finals, and finished the year assisting a women's college basketball team. Early in 2014 I worked on several academic papers for publication, and late in 2014 I wrote two books (The 21st Century Basketball Practice and Fake Fundamentals), and the book reflects these experiences.

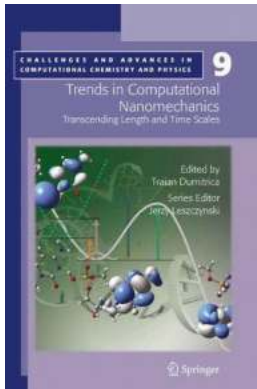
Consistent themes across the year include variability in training, dribbling, the San Antonio Spurs, animal movements, and anterior cruciate ligament (ACL) injuries. These themes reflect several of my primary interests. Throughout the year, I reference well-known coaches such as Frans Bosch, Dan John, Bill Knowles, and Vern Gambetta because I follow their work and respect them greatly.

I had several great interviews with tremendous basketball coaches, strength coaches, and physical therapists in 2014: Mladen Jovanovic, Harri Mannonen, Raul Jimenez, Doc Scheppler, Dr. Ben Fung, Dr. Markus Klusemann, Casey Wheel, Dr. Joseph Lightfoot, and Dr. Julie Eibensteiner. When I have questions, these are the people who I email, and they added valuable insight to the newsletters this year.



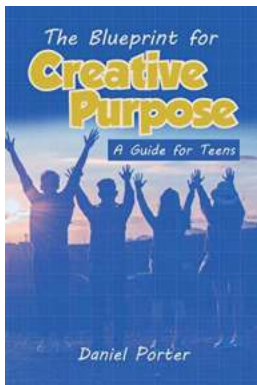
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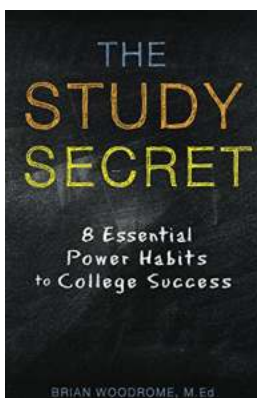
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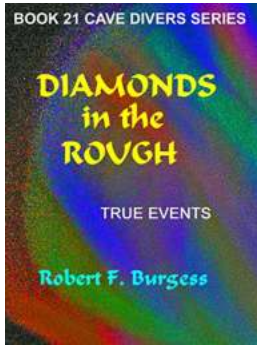
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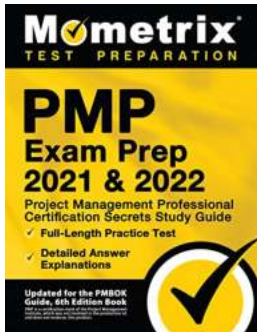
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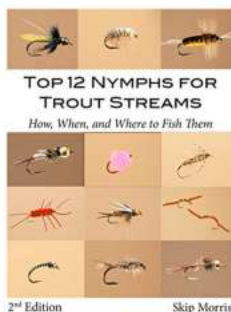
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