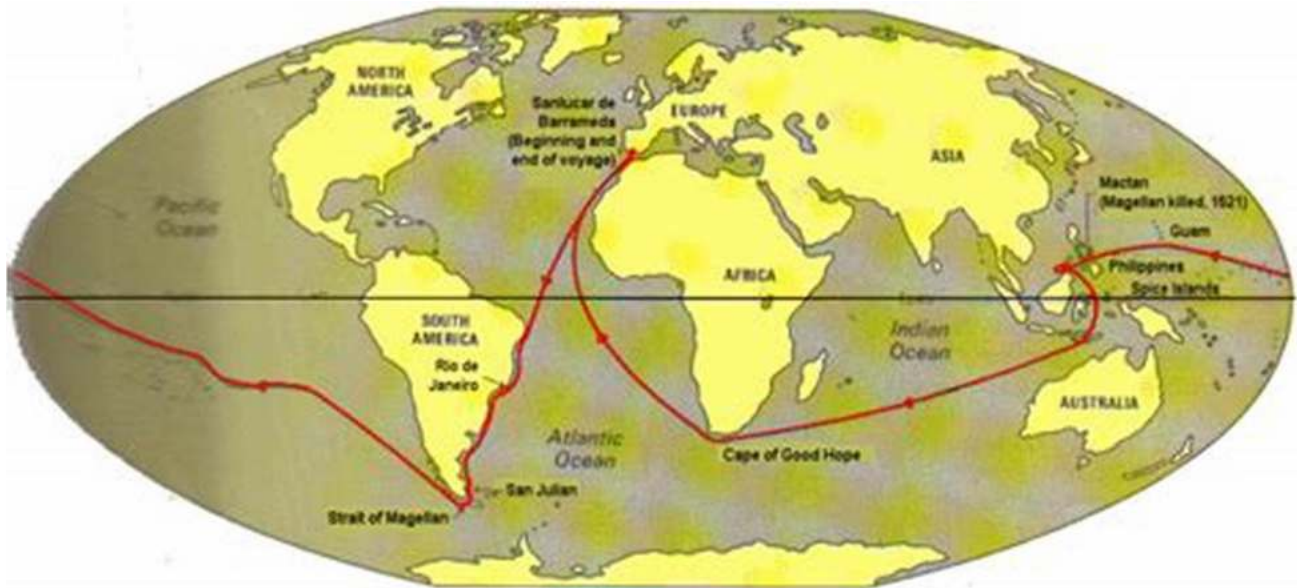


The Epic Journey: The First Circumnavigation of North America - October 2018 through August 2020



Imagine embarking on a voyage so grand that it would take you almost two years to complete. Picture yourself traversing the majestic landscapes of North America, encountering diverse cultures, and experiencing the breathtaking wonders of the continent. This is the story of the first ever Circumnavigation of North America, a groundbreaking expedition that captured the imagination and hearts of adventure seekers worldwide. From October 2018 to August 2020, a group of intrepid explorers set out to accomplish what no one had ever done before.

Setting Sail - The Adventurers Begin Their Journey

The journey began in October 2018, as a team of passionate explorers gathered in a small coastal town to set sail from the eastern shores of North America. Equipped with a fleet of specially designed ships and an insatiable thirst for

discovery, they were ready to venture into the unknown. Their mission? To circumnavigate the entire continent, from the frosty terrains of the Arctic Circle to the sun-kissed beaches of Mexico.



MY THIRD CONTINENT: THE NORTH 'ISLAND': The First Circumnavigation of North America Book 2 October 2018 - August 2020 (No. 3 - THE NORTH ISLAND) by Freya Hoffmeister (Kindle Edition)

★★★★☆ 4.7 out of 5

- Language : English
- File size : 2393 KB
- Text-to-Speech : Enabled
- Screen Reader : Supported
- Enhanced typesetting : Enabled
- Word Wise : Enabled
- Print length : 349 pages
- Lending : Enabled



As the ships set sail, excitement and anticipation filled the air. The team knew that this would be a journey of a lifetime, one that would test their limits both physically and mentally. But they were driven by a shared vision – to uncover the hidden gems, unravel the mysteries, and document the vast array of wildlife and landscapes that make North America truly unique.

Exploring the Majesty of North America

With the winds at their back, the explorers first made their way northward. The Arctic Circle posed its own set of challenges, with freezing temperatures and treacherous icebergs. Yet, the team persevered, fueled by their determination to conquer the uncharted terrains. Along the way, they encountered majestic polar

bears, witnessed the ethereal Northern Lights, and glanced upon glaciers that seemed to touch the heavens.

Continuing their journey southward along the western coast, the explorers sailed through some of the most breathtaking landscapes on the planet. From the rugged beauty of Alaska to the lush forests of the Pacific Northwest, they immersed themselves in the natural wonders that make North America so enchanting. They kayaked through fjords, hiked through ancient rainforests, and encountered indigenous communities with rich cultural heritage.

The team reached the great cities of the west coast, including Seattle, San Francisco, and Los Angeles, where they were greeted with awe and admiration. People from all walks of life were fascinated by their expedition, eager to hear their tales of adventure and discover the hidden gems they had unearthed along the way.

A Journey through Time - The Team Explores North America's History

As the adventurers continued their expedition, they delved deeper into the rich history that North America holds. They set foot on the hallowed grounds of ancient civilizations, explored archaeological sites, and met with historians who shared stories of the continent's past.

The team set out to uncover the mysteries of the indigenous peoples that have called North America home for thousands of years. They learned their traditions, rituals, and the profound connection they hold with the land. The explorers listened to the stories of elders, gaining insight into a world that many had never experienced before.

Encountering Wildlife in its Natural Habitat

North America is known for its incredible biodiversity, and the explorers were fortunate to be able to witness it firsthand. From the majestic grizzlies of the Rockies to the elusive jaguars of Mexico, the team encountered a vast array of wildlife throughout their journey.

In the Great Plains, they witnessed the awe-inspiring spectacle of millions of bison roaming freely, just as they did centuries ago. In the vast wilderness of Canada, the explorers observed the graceful movement of moose and the rare sighting of a mystical white Kermode bear.

They sailed to the remote islands of the Caribbean, where vibrant coral reefs teemed with life. They snorkeled alongside sea turtles, swam with dolphins, and marveled at the vibrant colors of tropical fish that darted through the coral gardens.

The Final Leg - Completing the Circumnavigation

After months of exhilarating adventures, the explorers finally reached their last leg of the journey. They sailed along the Gulf of Mexico, passing through the bustling cities of New Orleans and Houston. With the finish line in sight, a mixture of emotions overwhelmed the team - a sense of accomplishment paired with a tinge of sadness that their extraordinary expedition was coming to an end.

Finally, in August 2020, the intrepid adventurers returned to the same coastal town where it all began. The first ever circumnavigation of North America had been completed, forever etching their names in the annals of exploration.

A Legacy of Discovery and Inspiration

The first Circumnavigation of North America left a lasting legacy, opening doors to new possibilities and sparking a sense of wonder in the hearts of all who followed

the journey. It showcased the extraordinary landscapes, wildlife, and vibrant cultures that make North America a treasure to be cherished.

Through their remarkable journey, the explorers unraveled the tapestry of North America, connecting the diverse regions and peoples who call this vast continent home. Their tales of adventure and discovery continue to inspire future generations of explorers and adventurers, sparking a renewed passion for connecting with nature and unraveling the mysteries that lie just beyond our doorstep.

So, let their epic journey be a reminder that the world is waiting to be explored, and that an ordinary person with an extraordinary dream can accomplish the unimaginable. Never lose sight of your curiosity, for it is the navigator that will lead you on your own great adventure.



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Freya Hoffmeister, one of the world's most renowned expedition sea kayakers, is on her way to conquering her third continent with the 'First Circumnavigation of North America.'

She has already completely circumnavigated Iceland (2007), New Zealand South (2007), Australia (2009), South America (2011-2015), and Ireland (2016) in record times.

Freya set off from Seattle in 2017 to tackle the vast 'North Island' in two half-circles, arriving in New York once each from the north and south after more than a decade. She plans to paddle the estimated 50,000 km in six months per year, three months each on the north and three months on the south route.

At the north end, she will tackle the icy Northwest Passage, and at the south end, she will cross the Panama Canal a second time to connect with her 2011 - 2015 circumnavigation of South America.

Freya publishes her exciting, adventurous journals as the journey unfolds over a dozen years.

Book 1 in the series covers her experiences from March 2017 to August 2018.

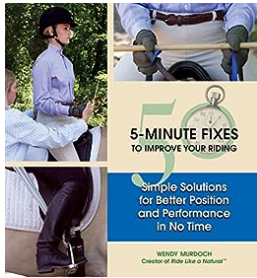
In this Book 2, she publishes her accounts from October 2018 to August 2020, plus a bonus chapter on her circumnavigation of Lofoten in August 2020.

More volumes to follow soon!



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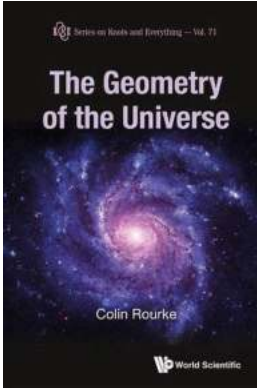
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