

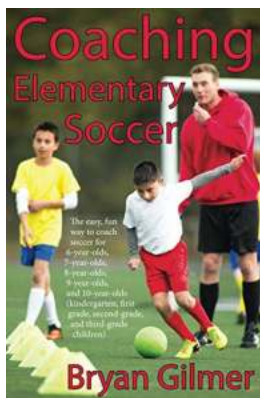
The Easy Fun Way To Coach Soccer For 4 Year Olds, 5 Year Olds, 6 Year Olds, 7 Year Olds



Coaching soccer for young children can be a challenging yet incredibly rewarding experience. At ages 4 to 7, kids are in a crucial phase of their physical and cognitive development. As a coach, you have the power to shape their understanding and love for the beautiful game of soccer. In this article, we will explore the easy and fun way to coach soccer for 4-year-olds, 5-year-olds, 6-year-olds, and 7-year-olds.

The Importance of Play

When coaching soccer for young children, it is crucial to prioritize play. Play is the primary way children learn and develop their skills. By creating a fun and engaging environment, you will foster their love for the game and encourage their natural curiosity and creativity.



Coaching Elementary Soccer: The easy, fun way to coach soccer for 6-year-olds, 7-year-olds, 8-year-olds, 9-year-olds, and 10-year-olds (kindergarten, first-grade, second-grade, and third-grade) by Bryan Gilmer (Kindle Edition)

★★★★☆ 4 out of 5

Language : English
File size : 465 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 76 pages
Lending : Enabled
Screen Reader : Supported



Structured Activities

While play is crucial, structured activities are also necessary to help children grasp the basic fundamentals of soccer. Breaking down skills into simple and age-appropriate exercises will allow them to understand the game better. It is essential to focus on developing their motor skills, coordination, and teamwork abilities.

Individual Skills

At this age, it is best to focus on individual skills rather than complex team strategies. Introduce them to basic techniques such as dribbling, passing, shooting, and ball control. Use visual demonstrations and interactive exercises to help them grasp these skills effectively.

Space Invaders 14

The Rules

In pairs, players from 3 of the teams stand on either side of the channel and on the coach's call play one touch passing back and forth. This represents the laser to shoot down invaders.

One of the teams - the invaders - has to dribble through the channel, one player per zone at a time avoiding having their ball hit by the lasers.

If an invader's ball is hit by a laser, they have been destroyed and leave the channel in that zone.

The invaders must aim to reach the safety zone at the end of the channel. The team with the most invaders reaching the safety zone wins.

If neither team reaches the safety zone, the team that progress the farthest along the channel wins.

Main Objectives

Dribbling and close control, passing accuracy and pace, one-touch passing.

Set Up

Area: 30x10 yard area with cones 5 yards apart along the length
Players: 16, 4 teams of 4
Equipment: 10 balls

What To Call Out

"Commence firing"
"Passers must play one touch"
"Don't hide your ball between your legs"

Progression

Introduce timing, so the quickest team to reach the safety zone wins or stipulate a maximum amount of time.

Alternatively, allow the passers an extra touch so that they can be more accurate when firing the laser.

Hint

Keep an eye out for cheating in this one, if an invader's ball is touched, they're out. Make sure the passers are only using one touch to begin with.

→ → → → →

PASS RUN GROUND COVERED

Lasers are fired back and forth across the channel.

Dodge the lasers to reach the safety zone.

If your ball is hit by a laser, you are shot down.

SOCCER COACH WEEKLY

Fun Soccer Games for 5 to 8 Year Olds

Teamwork and Communication

A vital aspect of soccer is teamwork and communication. Teach your young players how to pass and communicate on the field. Encourage them to work together and emphasize the importance of supporting their teammates. Incorporate mini-games and small-sided matches to foster their teamwork abilities.

Fun and Creative Drills

Make sure to keep your training sessions fun and engaging. Introduce creative drills that challenge the players while keeping them entertained. Incorporate obstacle courses, relay races, or even small competitions to maintain their enthusiasm and motivation.

Patience and Positive Reinforcement

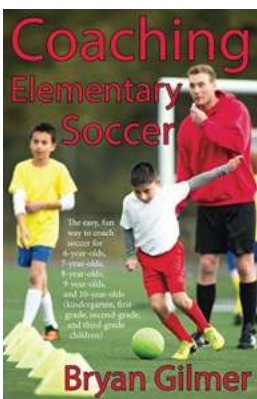
Coaching young children requires patience and positive reinforcement. Encourage their efforts and celebrate their achievements, no matter how small. Create a supportive and nurturing environment where they feel safe to make mistakes and learn from them. Remember, building their confidence is key to their development as soccer players.

Parent Involvement

Involving parents in the coaching process can greatly enhance the experience for both the children and the coach. Communicate with parents regularly, provide them with updates on their child's progress, and encourage them to support their child's soccer journey outside of training sessions. Collaboration between parents and the coach can create a strong support system that contributes to the child's overall development.



Coaching soccer for 4 to 7-year-olds can be an incredibly satisfying experience. By prioritizing play, incorporating structured activities, focusing on individual skills, emphasizing teamwork, and maintaining a fun and supportive environment, you can create a positive impact on the young players' soccer journey. Remember, your role as a coach extends beyond the field; you have the opportunity to instill a lifelong love for the game into these budding athletes.



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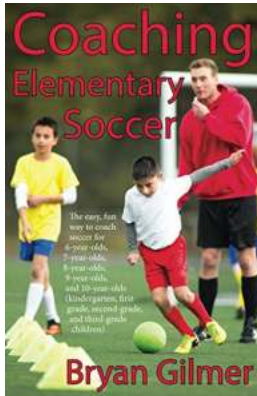


Coaching elementary kids at soccer is a little more complicated than coaching preschoolers, but with the approach detailed in this book, any caring adult can do it well. Building on the approach in his popular “Coaching Little Kid Soccer,” Coach Bryan Gilmer sets out his step-by-step method for leading teams of kindergarten through third-grade soccer players in a volume slim enough to be read in a single sitting but with enough ideas to keep your team growing at its own pace over several soccer seasons.

Coach Bryan takes you step by step through running practices and managing games, all with an emphasis on age-appropriate activities and strategies that keep children continuously engaged and cooperative -- and help them win. His approach ensures that time on the soccer field is fun and challenging for the kids while teaching them the underlying principles of dribbling, shooting, teamwork, and offensive and defensive soccer strategy. The focus on helping each player make sound decisions in every role on the team helps children develop as well-rounded players and achieve success now. And the concepts they learn will continue to serve them well if they choose to advance to higher levels of soccer. Coach Bryan’s sensitivity to the developmental abilities and needs of this age group sets this guide apart from the dozens of other general youth soccer coaching guides. You’ll learn how to manage behavior, injuries, and frustration

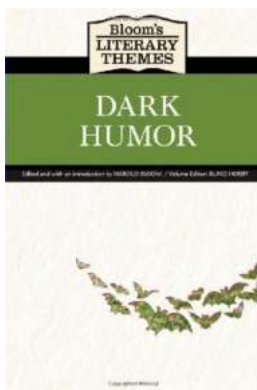
and to encourage resiliency, positive perseverance, cooperation, sportsmanship, and a healthy lifelong love of exercise.

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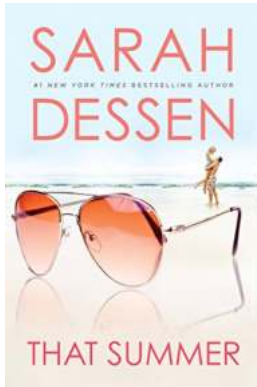
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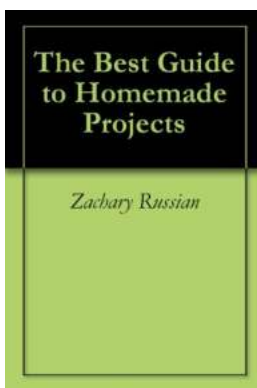
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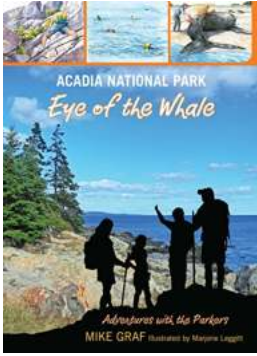
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