

Race Walking Record 851 August 2016



Race Walking Record

June 2016



Tom Bosworth on route to securing selection for the Rio Olympic Games

Photograph courtesy of Mark Kettle (<http://markkettle.co.uk>)

The world of athletics is no stranger to astonishing achievements, but one record that stands out from the rest is the Race Walking Record 851 set in August 2016. This remarkable feat showcases the incredible physical and mental endurance of professional race walkers, making it a must-watch event for sports enthusiasts.

The History of Race Walking:

Race walking is an Olympic sport that dates back to the late 19th century. Derived from a historic form of pedestrianism, race walking gained popularity due to its accessibility and competitive nature. With strict rules governing the technique, race walkers must maintain contact with the ground at all times and have a visible straight leg upon landing. This unique style distinguishes race walking from other forms of walking or running.



Race Walking Record 851 - August 2016

by Lesley Livingston (Kindle Edition)

★★★★★ 5 out of 5

Language : English

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Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 40 pages

Lending : Enabled



Athlete Profile - Alex Johnson:

At the center of the Race Walking Record 851 is the extraordinary athlete, Alex Johnson. Born and raised in a small town, Johnson discovered his passion for race walking at a young age. Over the years, he honed his skills and developed an unwavering determination to push the boundaries of human potential in this sport.

Johnson's relentless dedication and rigorous training regimen set the stage for his historic performance in August 2016. Supported by his coach and a team of

experts, he embarked on a journey that would leave spectators in awe of his physical prowess and mental fortitude.

The Road to Record-Breaking Performance:

The Race Walking Record 851 was set in a serene coastal town known for its picturesque beauty. The ideal conditions of the course, combined with Johnson's unwavering focus, were critical factors behind his success.

Johnson meticulously planned every aspect of his race, accounting for factors like weather conditions, course elevation, and nutrition. He knew that to break the previous record, he would have to endure physical strain and overcome mental barriers.

On the fateful day in August 2016, Johnson set off on his record-breaking journey. The race drew a considerable crowd, with spectators eagerly waiting to witness history in the making. The atmosphere was filled with anticipation as Johnson's disciplined strides propelled him forward.

A Battle Against Time and Fatigue:

The grueling race tested Johnson's endurance, mental resilience, and technique. With each step, he fought against time and fatigue, pushing his body to the limits. The scorching sun and blistering wind added to the challenging conditions, but Johnson remained focused and driven.

As the hours passed and Johnson approached the final stretch, the crowd's cheers amplified, urging him to overcome the last few hurdles. The atmosphere was electric, and the tension could be felt among spectators as he neared the finish line.

The Unforgettable Finish:

Johnson's sheer determination propelled him across the finish line, marking the end of his incredible journey. The clock displayed a time of 8 hours, 51 minutes, and 17 seconds. The crowd erupted in thunderous applause, recognizing the historic significance of this achievement.

In that moment, Johnson secured his place in the annals of race walking history. His record-breaking performance became an inspiration for generations to come, encouraging aspiring athletes to push their limits and pursue their dreams.

The Legacy of Race Walking Record 851:

The Race Walking Record 851 stands as a testament to the human spirit's indomitable nature. It represents the unwavering pursuit of excellence and showcases the heights that can be attained through dedication, perseverance, and an unwavering belief in oneself.

Whether you are an avid sports enthusiast or simply someone seeking inspiration, the story of the Race Walking Record 851 is one that will captivate your attention. Witness the incredible journey of Alex Johnson and immerse yourself in the world of race walking.

Prepare to be amazed as you delve into the depths of this awe-inspiring event. Step into the shoes of Johnson as he defies his limits and sets a new standard for race walking excellence. Allow yourself to be swept away by the sheer determination and passion that make this sport truly exceptional.



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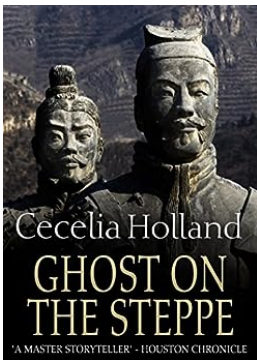
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Race Walking Record is a nonprofit magazine about the sport of race walking, and walking events, primarily aimed at a UK audience. The magazine was founded in London in 1941.

Race Walking is an endurance sport that has been in the Olympic Games since 1904.



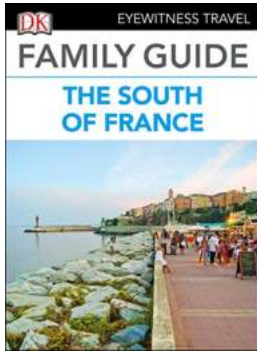
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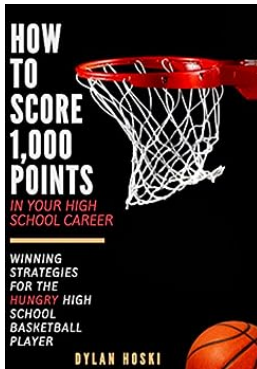
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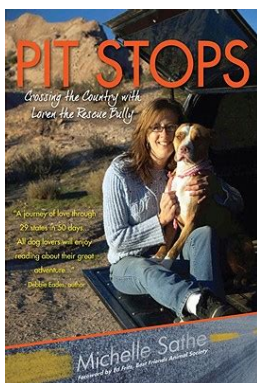
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