

Paddling and Surviving the Coast of Northern Labrador

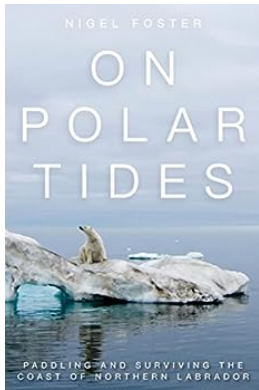


The Adventure Begins

Imagine embarking on an extraordinary journey. Paddling across the vast and pristine waters of the North Atlantic, surrounded by stunning landscapes and wildlife. Brace yourself for an unforgettable expedition as we venture along the coast of Northern Labrador.

Discovering Hidden Gems

Northern Labrador offers a mesmerizing blend of towering mountains, glacier-carved fjords, and rugged coastlines waiting to be explored. Each stroke of your paddle brings you closer to captivating encounters with nature's wonders. Eagles soaring overhead, seals gracefully gliding through the waves, and whales breaching the surface – the wildlife here is abundant and incomparable.



On Polar Tides: Paddling and Surviving the Coast of Northern Labrador by Nigel Foster (Kindle Edition)

★★★★★ 5 out of 5

Language : English
File size : 12546 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 320 pages





The Challenges Ahead

This adventure is not for the faint-hearted. Paddling the coast of Northern Labrador requires determination, physical strength, and mental resilience. With unpredictable weather patterns, treacherous waves, and isolated locations, it is important to be well-prepared and equipped with the necessary survival skills.

Surviving the Wilderness



Throughout the journey, camping in the wilderness becomes a vital part of your daily routine. Pitching a tent on a secluded beach, surrounded by the rugged beauty of Labrador, allows you to truly disconnect from the modern world and immerse yourself in this raw and untouched wilderness. Stay warm by a crackling campfire, share stories with fellow explorers, and fall asleep under the starlit sky.

The Unforgettable Bond

Paddling along the coast of Northern Labrador fosters a sense of camaraderie unlike any other experience. Sharing the challenges, triumphs, and breathtaking moments with fellow adventurers creates an unbreakable bond. Together, you become a tight-knit team, supporting and inspiring each other throughout the journey.

Organize Yourself for Easier Travel Abroad

It can be an exciting and memorable time in life to travel to another country. However, there do exist a number of steps that you should take before departure so that you can be really ready for your trip. Read on into the following paragraphs for steps you can take to have a trip so prepared you only have time and attention for fun and adventure!

Look up what shots you need to get into your target country, then schedule a trip to the doctor's office to get them. Also check out your own government's warnings and your personal physician's advice on any other shots or immunizations you might want to take as a precaution. Additionally, check out what nonprescription medications you might want and where you can get them in your destination if you cannot travel with them.

Check the validity of your passport. Make sure that it is up to date and has all the required elements. Also ensure that it is acceptable documentation for getting in and out of the country you intend to visit.

Book your flight early. Airline ticket prices grow exponentially in price the closer you get to the flight. Save the maximum amount of money possible so you have more to spend at your destination.

Find somewhere to stay where you are going early. Hotel rooms do not go up as much as airline tickets, but it is still best to book early to get the best rooms and deals. The early bird can wind up with a beach front room as compared to someone who waits until they get there, when they wind up wasting vacation hours trying to find a place to stay. Also confirm your reservations over the phone.

Find out everything you will need for each leg of your journey. Then, get them together. Revisit this inventory list a week before departure to see if any last minute additions or replacements are necessary. Use this inventory list again to double-check your packing right before you leave. You might even find this list useful to declare the contents of your luggage as you cross international boundaries or go through customs on the way home.

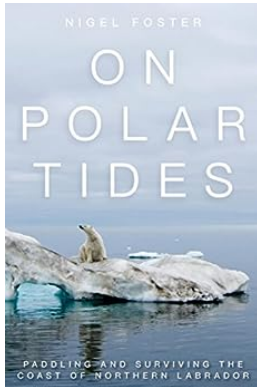
Know what you can enjoy overseas but might not be able to bring back. For instance, bringing Cuban cigars back into the United States is prohibited. However, on a trip to the Caribbean, you can certainly enjoy them while you are abroad.

Get to the airport early. You probably hear this one a lot, but it is always good advice. You never know when traffic en route can cause you problems or what the lines will be like at the security checkpoint. If anything, you get the advantage of going through security early and mentally being on vacation before you are physically away.

You can have a blast visiting another country when you follow the above tips. Apply them towards your next trip for an easier vacation that lets you focus on having a great time. Keep the contents of this article in mind any time you are planning on a journey to a foreign and exotic

The coast of Northern Labrador presents an unparalleled opportunity to connect with nature, challenge your limits, and embrace the spirit of adventure. Embark on this incredible expedition, and you will return home forever changed, with memories that will last a lifetime.

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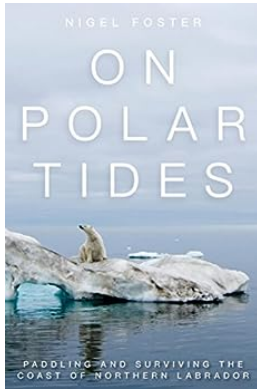


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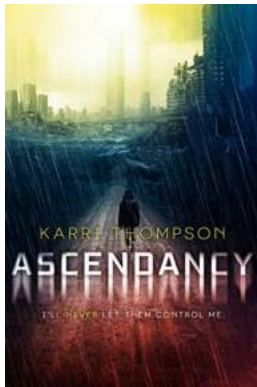
In 1981, Nigel Foster flew to Canada’s Baffin Island to begin a solo kayak trip south toward northern Labrador. After crossing the 40-mile wide Hudson Strait in howling winds and fighting a 10 knot tide race, Foster crash-landed on a small island in the dark. He had frostbitten fingers and was 300 miles from the closest village. With unimaginable good fortune, eight days later he ran across an oil tanker and hitched a ride south. He had survived—marking one of the most notable solo crossings in history—but the failure of the second portion of the trip he had originally planned haunted him.

In 2004, Foster returned to northern Labrador with his then girlfriend (now wife) Kristin Nelson. Launching from Kuujuaq in Northern Quebec, the couple paddled the Ungava Bay coast—which has one of the largest tidal variances in the world—to the place Foster had boarded the oil tanker 23 years earlier. From this remote location, the couple completed the trip to Nain that Foster originally planned for 1981. They encountered more polar bears than people. The story of the two trips forms the backbone for On Polar Tides—Originally self-published as Stepping Stones in 2009—which offers an intimate and insightful view of Ungava and Labrador. The new, revised edition includes gripping recollections of the polar adventures and 54 color photographs.



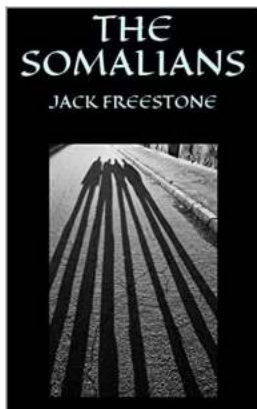
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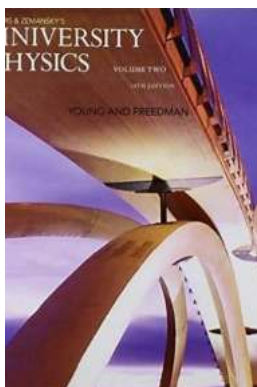
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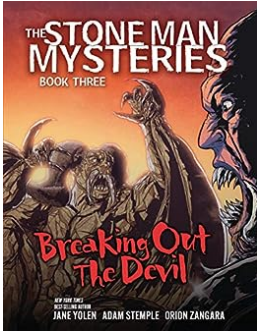
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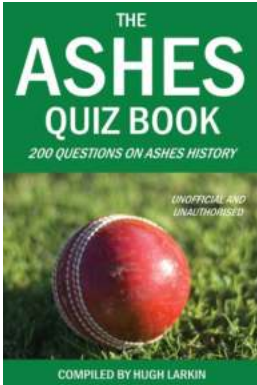
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