

Never Call Bad Play Again By Using Run Pass Options To Take Advantage Of The

INSTALLING RPOS INTO ANY OFFENSE

The diagram illustrates a football play on a field with yard lines. A center (C) is positioned on the left side of the line of scrimmage (S), which is marked by a vertical dashed line. A handoff key (represented by a circle with a dot) is shown moving from the center to a running back (RB) on the right side of the line of scrimmage. A force player (represented by a triangle with a dot) is positioned on the right side of the line of scrimmage, ready to engage the defense. The running back is shown with a handoff key and a force player, indicating a handoff play. The diagram also shows a quarterback (Q) on the left side of the line of scrimmage, ready to pass. The running back is shown with a handoff key and a force player, indicating a handoff play. The diagram also shows a quarterback (Q) on the left side of the line of scrimmage, ready to pass. The running back is shown with a handoff key and a force player, indicating a handoff play.

○ Handoff Key
△ Force Player

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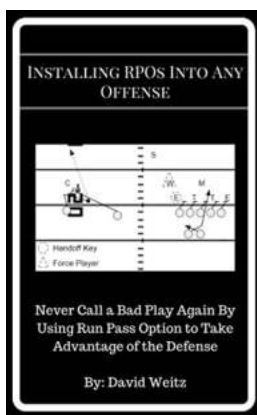
By: David Weitz

Are you tired of calling plays that don't work on the football field? Do you often find yourself in situations where the defense anticipates your every move, making it impossible to gain yards or score points? If so, then it's time to learn about the

game-changing strategy known as Run Pass Options (RPOs) that can revolutionize your offensive game plan.

What are Run Pass Options?

Run Pass Options, also known as RPOs, are offensive plays that give the quarterback the freedom to decide whether to run the ball or pass it based on the defensive alignment he sees. This allows the offense to exploit any defensive weaknesses and take advantage of favorable matchups.



Installing RPOs Into Any Offense: Never Call a Bad Play Again By Using Run Pass Options to Take Advantage of the Defense

by David Weitz (Kindle Edition)

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Traditionally, offensive plays are called in the huddle with a predetermined run or pass play. However, with RPOs, the quarterback can make a split-second decision after the snap, depending on how the defense reacts. This flexibility puts

the defense in a bind and makes it challenging for them to defend against both the run and the pass.

The Advantages of RPOs

RPOs offer numerous advantages that can help elevate your team's offensive performance:

- 1. Exploiting Defensive Weaknesses:** By allowing the quarterback to read the defense and choose between a run or a pass play, RPOs exploit defensive weaknesses and create mismatches. If the defense loads the box to stop the run, the quarterback can quickly pass the ball to the open receiver. Conversely, if the defense drops back into coverage, the quarterback can hand off the ball to the running back and take advantage of an outnumbered defense in the box.
- 2. Confusing the Defense:** RPOs force the defense to make split-second decisions, often resulting in confusion and miscommunication. This can lead to defensive breakdowns and create big plays for the offense. The element of surprise in RPOs keeps the defense off balance and prevents them from keying in on one specific aspect of the offense.
- 3. Maximizing Offensive Talent:** RPOs allow the offense to utilize its entire arsenal of weapons. This strategy not only keeps the defense guessing but also maximizes the potential of both the passing and running game. By incorporating RPOs into your offensive scheme, you can fully exploit the skills of your players and create a multifaceted attack that keeps the defense guessing on every play.
- 4. Creating a Balanced Attack:** One of the primary goals of a successful offense is to achieve balance between the run and pass game. RPOs inherently create this balance by combining both elements in one play. This

prevents the defense from overcommitting to one aspect of the offense, creating opportunities for big plays through the air or on the ground.

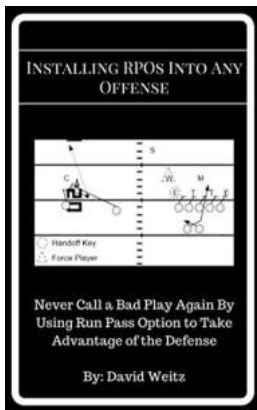
Implementing RPOs into Your Offense

While RPOs can be highly effective, they require careful planning and execution to ensure success. Here are some key steps to consider when implementing RPOs into your offense:

1. **Quarterback and Receiver Chemistry:** The success of RPOs heavily relies on the chemistry and understanding between the quarterback and the receivers. Both the quarterback and the receivers need to be on the same page and have a clear understanding of their responsibilities based on the defensive alignment.
2. **Proper Timing and Execution:** RPOs involve quick decision-making and precise execution. The quarterback must diagnose the defense, make a split-second decision, and deliver an accurate pass or hand off the ball to the running back seamlessly. It's crucial to practice RPOs extensively to ensure proper timing and execution.
3. **Reading the Defense:** The quarterback's ability to read the defense is paramount in RPOs. He must be able to identify defensive alignments, recognize potential vulnerabilities, and quickly make the correct decision based on the pre-snap and post-snap reads. Film study and practice can help quarterbacks develop their reading skills.
4. **Variation and Adaptability:** It's essential to have a diverse range of RPO plays in your playbook to keep the defense guessing. By varying the formations, motions, and route concepts, you can create confusion and exploit specific defensive weaknesses. Additionally, being adaptable and

adjusting your RPO calls based on the defense's adjustments is crucial for sustained success.

Incorporating Run Pass Options into your offensive strategy can revolutionize your team's performance on the football field. RPOs offer the flexibility to exploit defensive weaknesses, confuse the defense, and maximize the offensive talent at your disposal. By following the key steps in implementing RPOs, you can ensure successful execution and create a balanced and unpredictable attack that keeps the defense guessing on every play. So, never call a bad play again and take advantage of what RPOs have to offer!



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There is no worse feeling than calling a play and realizing the defense is lined up to stop the call for a loss or turnover.

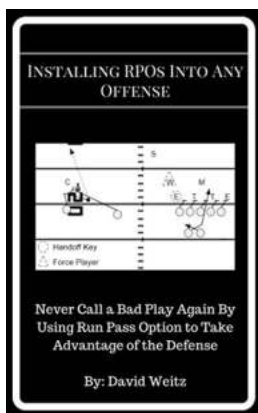
From the High School to the Professional level modern offenses are relying on Run Pass Options to give themselves the advantage over the defense.

Installing RPOs will give you a system to implement and teach Run Pass Options. These simple tags to your current plays will allow your Quarterback to take advantage of the defense's alignment and guarantee you never make a bad call again.



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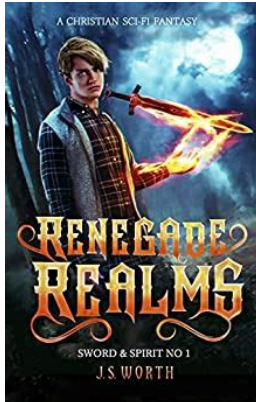
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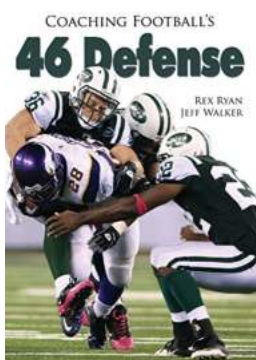
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