

Men Lacrosse Don Zimmerman: A Legendary Coach shaping the future of the Sport

Lacrosse, often referred to as the fastest sport on two feet, is a game deeply rooted in Native American history and tradition. Over the years, it has gained immense popularity among players and fans alike. One name that stands out in the world of Men's Lacrosse is Don Zimmerman. With an illustrious coaching career spanning over three decades, Zimmerman has played a crucial role in shaping the future of the sport.

The Early Years

Born on September 14, 1954, in Summit, New Jersey, Don Zimmerman was introduced to the game of lacrosse during his high school years at Summit High School. He quickly developed a passion for the sport, showcasing exceptional skills and a deep understanding of the game. Zimmerman's talent and dedication earned him a scholarship to Johns Hopkins University, where he continued to excel as a player and lay the foundation for his coaching career.

Rise to Prominence

After graduating from Johns Hopkins University in 1976, Zimmerman embarked on a coaching journey that would leave an indelible mark on the lacrosse community. He began his coaching career at Washington College in Chestertown, Maryland, where he transformed the team into national contenders. Under Zimmerman's guidance, Washington College won the NCAA Division III Men's Lacrosse Championship in 1984, marking the first of his many successes.

Men's Lacrosse by Don Zimmerman (Kindle Edition)

★★★★☆ 4.7 out of 5

Language : English



File size : 16377 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 259 pages
Lending : Enabled



Following his tenure at Washington College, Zimmerman moved on to coach his alma mater, the Johns Hopkins Blue Jays. His arrival at Johns Hopkins in 1984 signaled a new era for the program. Zimmerman implemented innovative strategies and fostered a culture of excellence that propelled the Blue Jays to new heights. During his tenure, Johns Hopkins reached the NCAA Men's Lacrosse Championship game nine times, capturing the title in 1987 and 2005.

A Legacy of Excellence

Zimmerman's coaching prowess extended beyond college lacrosse. He also served as the head coach for the United States Men's National Team, leading them to victory in the 1990 World Lacrosse Championship. Due to his achievements and contributions to the sport, Zimmerman was inducted into both the United States Lacrosse National Hall of Fame and the Greater Baltimore Chapter of US Lacrosse Hall of Fame.

After his successful stint at Johns Hopkins, Don Zimmerman took on the role of head coach at the University of Maryland, Baltimore County (UMBC). Despite facing numerous challenges, Zimmerman once again demonstrated his ability to rebuild and elevate a program. Under his guidance, UMBC achieved its first-ever

NCAA Tournament appearance in 2007, cementing Zimmerman's status as one of the sport's most respected coaches.

Shaping the Future

Don Zimmerman's impact on the world of lacrosse goes beyond his accomplishments on the field. He is known for his commitment to fostering leadership and character development among his players, instilling in them the values of teamwork, discipline, and sportsmanship. Zimmerman's coaching philosophy extends beyond the Xs and Os, emphasizing the importance of personal growth and community involvement.

As the sport continues to grow and evolve, Don Zimmerman remains an influential figure and an active participant in lacrosse. He has dedicated his life to shaping the future of the sport, not only through his coaching but also through various clinics, camps, and mentorship programs. Zimmerman's immense knowledge and passion for the game continue to inspire countless players, coaches, and fans around the world.

The Zimmerman Legacy

Don Zimmerman's contributions to Men's Lacrosse have left an indelible mark on the sport. His coaching achievements, leadership skills, and unwavering dedication have made him a legendary figure in lacrosse history. Zimmerman's ability to shape players into outstanding athletes and exemplary individuals is a testament to his influence and the lasting impact he has had on the sport.

Looking Ahead

As lacrosse evolves and gains popularity worldwide, the teachings and principles championed by Don Zimmerman continue to guide the sport's future. His legacy serves as a constant reminder of the importance of mentorship, both on and off

the field. With his wealth of experience, passion for the game, and unwavering commitment to personal growth, Zimmerman's influence on Men's Lacrosse is sure to endure for generations to come.

Remember Those Descriptive Keywords: Men Lacrosse Don Zimmerman, Legendary Coach, Shaping the Future, Rise to Prominence, Legacy of Excellence, Zimmerman's Coaching Prowess, Shaping the Future, Personal Growth, Zimmerman Legacy, Looking Ahead, Mentorship



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In Men's Lacrosse, coaching legend Don Zimmerman joins forces with Peter England to present the skills and strategies you need to take your game to the next level.

From individual technique to team execution, Men's Lacrosse covers it all. With detailed instruction, expert advice, and personal insights from a Hall of Fame coach, you'll learn to improve these skills:

- Fundamentals such as passing, scooping, feeding, cutting, dodging, and finishing

- Shot power, accuracy, selection, and placement for high-percentage scoring
- Goalkeeping techniques such as stick work, clearing, positioning, and challenging shots
- Offensive opportunities by using field position, forcing turnovers, and taking advantage of player match-ups

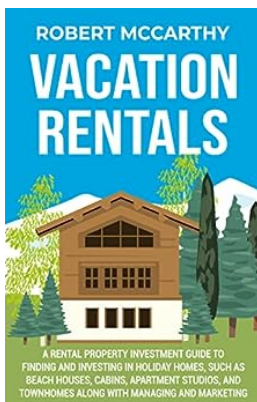
You'll also find more than 25 of the very best drills for skill development, training and conditioning, and team execution.

With in-depth coverage of the most effective offensive and defensive schemes, tactics, and strategies for today's game, Men's Lacrosse is essential reading for serious players and coaches alike.



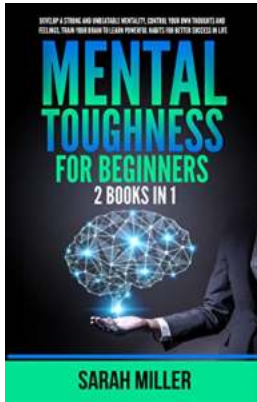
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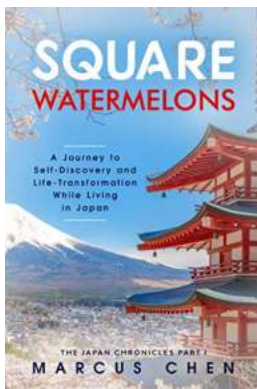
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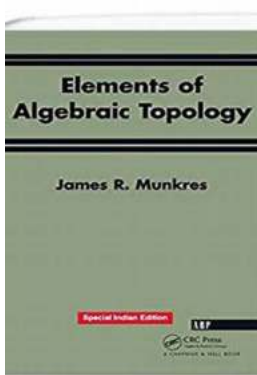
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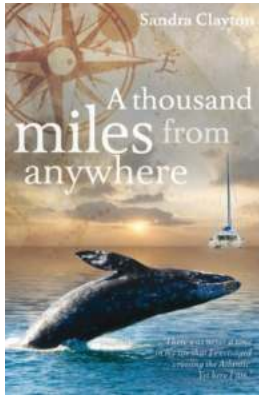
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