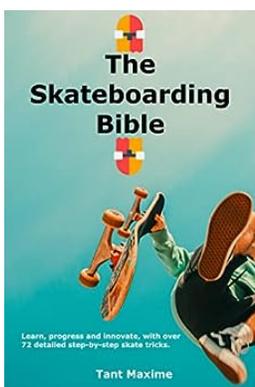


# Learn About The World Of Skateboarding: Its History, How To Progress And Innovate

Skateboarding is more than just a sport or a hobby; it's a way of life. From its humble beginnings in the 1940s as a backyard activity to its widespread popularity today, skateboarding has undergone numerous transformations.

The history of skateboarding dates back to the California surf culture of the mid-20th century. When the waves were flat, surfers sought new ways to ride and experimented by attaching wheels to wooden planks. This led to the creation of the first skateboards. However, these early pioneers had no idea that they were laying the foundation for a global phenomenon.

In the 1970s, skateboarding gained mainstream attention and the first professional skateboarding competitions took place. The Dogtown and Z-Boys crew from Venice, California, revolutionized the sport with their aggressive style and innovative tricks. Skateboarders like Tony Alva and Stacy Peralta became iconic figures, inspiring generations to pick up a skateboard and push their limits.



## **The skateboard bible: Learn about the world of skateboarding, it's history, how to progress and innovate.** by Maxime Tant (Kindle Edition)

★★★★☆ 4.7 out of 5

Language : English  
File size : 89431 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 206 pages  
Lending : Enabled



Skateboarding continued to evolve throughout the 1980s and 1990s with the of new tricks and the establishment of skateboarding companies. The rise of street skateboarding brought a more technical and creative approach, incorporating elements such as stairs, rails, and ledges into routines.

Today, skateboarding is a global phenomenon with a thriving community of passionate skateboarders. From skate parks to street spots, skaters can be found practicing their tricks and pushing the boundaries of what is possible. The skateboarding industry has also expanded exponentially, with professional skateboarders becoming influential figures and skateboarding competitions drawing large audiences.

To progress and innovate in the world of skateboarding, it's essential to have a solid foundation of basic skills. Beginners should start by learning balance and control while riding the board. Mastering the basics like pushing, turning, and stopping is crucial before attempting more advanced tricks.

Once the fundamentals are in place, it's time to progress to more challenging maneuvers. Ollies, kickflips, and grinds are some of the staple tricks that every skateboarder aspires to conquer. Practice, dedication, and perseverance are key to improving as a skateboarder.

Innovation is at the heart of skateboarding. As the sport evolves, new tricks and techniques constantly emerge. Skateboarders are always pushing the boundaries and finding creative ways to express themselves through their boards. From flip tricks to aerial maneuvers, the possibilities are endless.

Skateboarding has also expanded beyond the streets and skateparks. Nowadays, you can find skateboarding in various forms, including longboarding, downhill racing, and even electric skateboarding. Each discipline offers unique challenges and opportunities for skateboarders to experiment and innovate.

Aside from the physical aspect, skateboarding has also had a significant cultural impact. The skateboard community is known for its inclusivity and camaraderie. Skateboarders embrace diversity and celebrate individuality, making it a welcoming environment for everyone. Skateboarding has inspired art, music, fashion, and even its own language.

In , the world of skateboarding is a vibrant and ever-evolving one. Its rich history, from its humble beginnings to its current global phenomenon status, is a testament to its lasting appeal. Whether you're a beginner or an experienced skateboarder, there's always something new to learn, progress, and innovate in skateboarding. So grab your board, hit the streets or parks, and immerse yourself in the world of skateboarding!



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72 tricks, 200 pages, 80 videos, 2 years of work, 1 unique book to learn skateboarding.

From the ollie to the lazer flip via the kickflip and the pop shove-it, The Skateboarding Bible brings together almost all the skateboarding tricks existing to date in each category: flat, grind, slides, grabs, ramp and Old school.

Do you dream of learning to skateboarding?

The Skateboarding Bible is made for you, whether you are a beginner or an expert, the book is suitable for everyone and was written by skateboarders, for skateboarders.

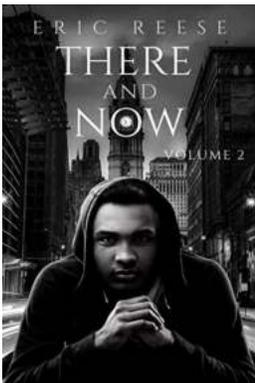
Contents:

- History of skateboarding
- The world of skateboarding
- Skateboard anatomy and basic equipment
- Warming up and stretching: injury prevention
- Ground tricks (each trick has its own QR Code to flash to see the trick on video.)
- Ramp tricks
- Curbs and Rails: Grinds & Slides
- Play it like Tony Hawk: The Grabs.
- Special Tricks and Old School
- Appendices: choosing your material, the Game Of Skates, the importance of innovating, the rider's section, essential links, glossary of technical terms.

Each trick is detailed step by step, illustrated with images as well as a QR code to flash to see the slow-motion video demonstration, all sprinkled with a good dose

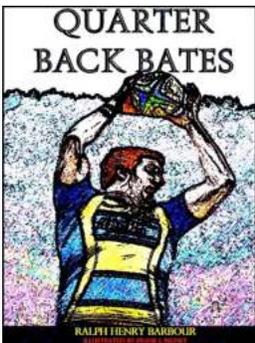
of humor.

"I really wanted to write a book that I would have given myself when I started skateboarding, that is to say a book that details the whole adventure of a skateboarder. Whether it's the part of learning, which includes all the essential tricks. The part before getting on your skateboard: the stance, how to roll and turn, or even keep your balance. The history and the world of skateboarding, as well as its history. All the appendices including the glossary detailing each technical term of the middle of the skateboard. I put all my heart in the writing of this work, because for me the skate is something strong and powerful to live alone or with his friends "It's more than just a pastime, sport or hobby. Skateboarding is a lifestyle that will change your outlook on life and the universe around you." - Maxime Tant



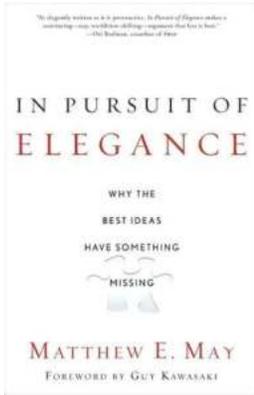
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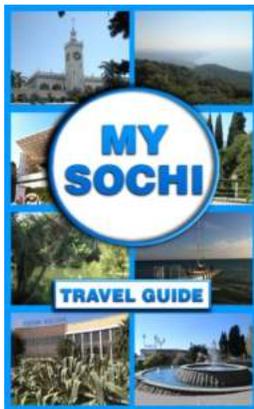
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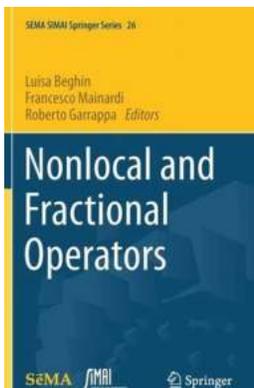
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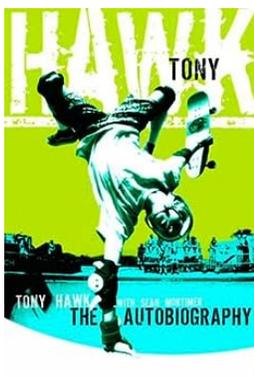
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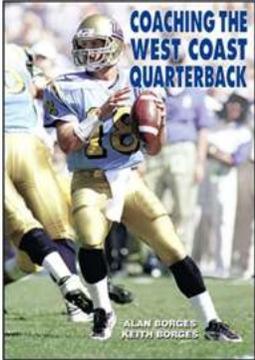
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