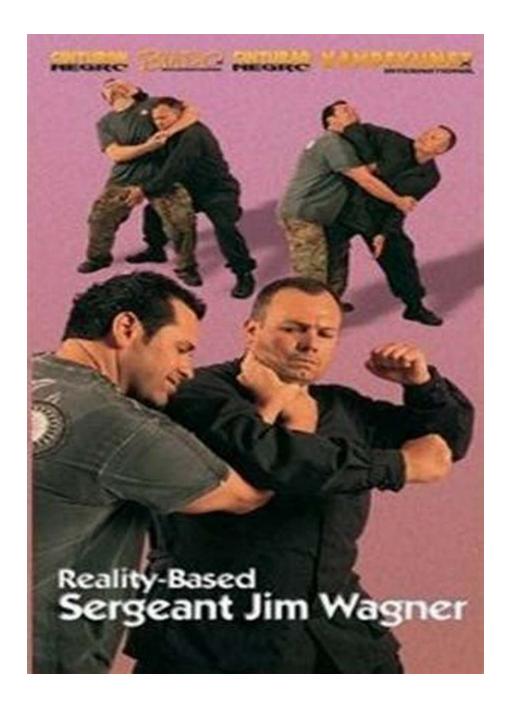
# **Experience the Ultimate Enhanced Reality Based Close Combat Training for Self Defense**and Street!

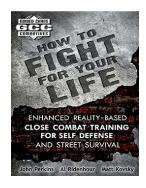


The Evolution of Self Defense Training

When it comes to ensuring personal safety, being well-equipped with effective self-defense techniques is paramount. Traditional martial arts have long been a popular choice, but with the rapid advancements in technology, a new form of self-defense training has emerged - Enhanced Reality Based Close Combat Training.

#### What is Enhanced Reality Based Close Combat Training?

Enhanced Reality Based Close Combat Training, also known as ERBCCT, combines cutting-edge virtual reality technology with real-life combat scenarios. This revolutionary training method allows individuals to experience realistic street situations, providing a safer yet highly effective approach to self-defense.



How to Fight for Your Life: Enhanced Reality-Based Close Combat Training for Self-Defense and Street Survival by Matt Kovsky (Kindle Edition)

↑ ↑ ↑ ↑ 4 out of 5

Language : English

File size : 1921 KB

Text-to-Speech : Enabled

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 132 pages

Lending : Enabled

Screen Reader



: Supported

#### The Benefits of ERBCCT

 Realistic Scenarios: ERBCCT creates virtual environments with real-life situations and conditions, ensuring trainees face a wide range of threats and challenges.

- Safe Environment: Unlike traditional martial arts training, ERBCCT eliminates the risk of physical injury by immersing individuals in a virtual world.
- Adaptive Training: The technology behind ERBCCT allows for personalized training programs that adapt to each individual's learning pace and skill level.
- Increased Confidence: By consistently practicing in realistic scenarios,
   individuals develop confidence in their ability to handle dangerous situations.
- Improved Reaction Time: ERBCCT enhances reflexes and reaction time, enabling trainees to respond swiftly and effectively in potentially lifethreatening situations.
- Expert Instruction: ERBCCT is led by experienced instructors who provide personalized guidance, ensuring each trainee receives proper technique instruction.

### **Maximizing Self-Defense Skills with ERBCCT**

ERBCCT offers various modules tailored to specific self-defense needs:

#### **Module 1: Street Defense**

This module focuses on urban self-defense techniques, providing trainees with the skills to navigate crowded streets, defend against multiple attackers, and safely escape dangerous situations.

#### **Module 2: Close Quarters Combat**

Close Quarters Combat training prepares individuals for confined and tight spaces typically encountered in real-life scenarios, such as elevators, parking lots, or narrow corridors.

#### **Module 3: Situational Awareness**

This module enhances trainees' ability to assess, analyze, and respond to potential threats effectively. By developing keen situational awareness, individuals can anticipate and prevent dangerous situations.

#### **Real-World Success Stories**

ERBCCT has transformed the way people approach self-defense training, empowering individuals across the globe. Here are a few inspiring success stories:



""Thanks to ERBCCT, I feel safer and more confident in my ability to protect myself. The virtual reality experience is incredibly realistic, and I now have the skills to handle any street altercation." - Sarah, ERBCCT trainee."

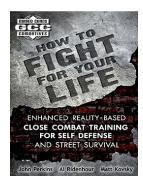


""ERBCCT has given me the tools to better gauge situations and react accordingly. I highly recommend it to anyone serious about self-defense." - John, ERBCCT enthusiast."

Enhanced Reality Based Close Combat Training is revolutionizing self-defense in today's digital age. With its combination of virtual reality and real-life scenarios, ERBCCT enables individuals to develop practical skills and confidence needed to protect themselves in challenging street situations. Don't miss out on this groundbreaking training method - equip yourself with ERBCCT today!

Author: Your Name

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In 1978, John Perkins created Guided Chaos, an ORIGINAL, advanced system of free-form ADAPTIVE self-defense.

It is completely unique, stunningly effective and takes many years to master. However, not everyone has that kind of time...and violent criminals aren't going to wait. The average person needs street and battle-tested methods that can be learned and mastered quickly. That's where Guided Chaos COMBATIVES (GCC) comes in.

GCC is the first part of Guided Chaos and is remarkably simple. It is a selfcontained system comprised of basic World War II-era strikes and strategies that were designed to be taught to our troops in mere hours before shipping out for jungle warfare in the Pacific against the Japanese, who were all presumed to be karate and judo experts.

John Perkins, who is a certified Grandmaster in Combat Martial Arts under the International Combat Martial Arts Federation, has modified and improved these techniques by imbuing them with some of the far more advanced motion principles of Guided Chaos, the most important of which being Dropping Energy, a way of delivering powerful strikes without winding up or chambering. It also improves dynamic balance, which is essential for survival when fighting for your life.

GCC is extremely easy to learn and practice on your own and can be mastered in mere weeks with diligent practice. "How to Fight for Your Life" contains principles, photos, diagrams, checklists, strategies and training regimens found nowhere else and designed to quickly maximize your ability to survive criminal violence.



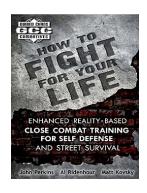
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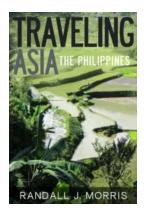
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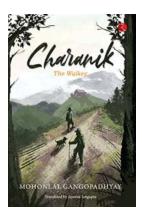
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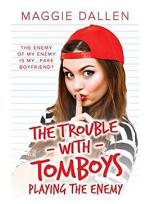
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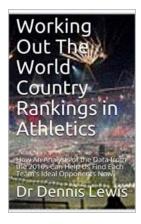
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