

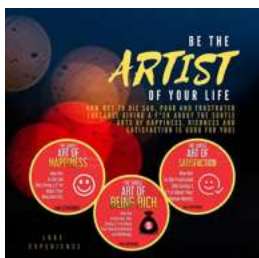
Be The Artist Of Your Life - Unleashing Your Creative Potential

Are you ready to take charge and become the artist of your life? In this fast-paced world, we often find ourselves simply going through the motions, following the conventional path, and forgetting that life is a masterpiece waiting to be painted. But what if we told you that you have the power to shape your life just like an artist creates a masterpiece on a blank canvas?

Being the artist of your life means actively pursuing your passions, taking risks, and embracing the unknown. It means stepping outside of your comfort zone and choosing the colors of your experiences. Whether you aspire to be a painter, a writer, a musician, or anything in between, this article will guide you on your journey to unleash your creative potential and become the artist of your own life.

1. Embrace Your Creative Spirit

Everyone possesses a unique creative spirit that is waiting to be uncovered. By embracing your creative side, you allow yourself to think outside the box, explore new ideas, and dream big. One way to do this is by engaging in activities that spark your creativity. Whether it's painting, writing, or dancing, find a creative outlet that resonates with you and dedicate time to it regularly. Allow yourself to experiment and be curious, and watch your creative spirit flourish.



Be the Artist of Your Life: How Not To Die Sad, Poor and Frustrated (because Giving a F*ck about the Subtle Arts of Happiness, Richness and Satisfaction is Good for You)

by Marjorie Cochrane (Kindle Edition)

★★★★☆ 4.5 out of 5

Language	: English
File size	: 467 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 272 pages
Lending	: Enabled



Remember, being an artist doesn't require perfection; it's about expressing yourself authentically and fearlessly. Embrace imperfections as part of the creative process and see the beauty they bring to your masterpiece.

2. Set Clear Goals and Visualize Your Dreams

Just like an artist envisions their final masterpiece before painting it, you too should visualize what you want your life to look like. Set clear goals and create a vision board that reflects your dreams and aspirations. By visualizing your goals, you align your mind and spirit, making it easier to take the necessary steps to turn your dreams into reality.

Make your goals specific, measurable, attainable, relevant, and time-bound (SMART). Break them down into smaller steps to make them more manageable and track your progress along the way. Remember, small actions add up to big results.

3. Embrace Failure as a Stepping Stone to Success

As an artist, you understand that not every brushstroke will be perfect, and not every idea will work. Embracing failure is crucial on your journey to becoming the artist of your life. Failure is not a sign of defeat but rather an opportunity for

growth. It allows you to learn from your mistakes, adapt, and discover new ways of doing things.

See failure as a stepping stone to success and embrace it as an essential part of your creative process. Remember, many renowned artists faced numerous rejections and setbacks before achieving greatness. It's in those moments of adversity that your true potential is revealed.

4. Surround Yourself with Inspiring Individuals

The people you choose to surround yourself with greatly influence your life's canvas. Surround yourself with individuals who inspire and challenge you to become the best version of yourself. Seek out mentors who have already achieved what you aspire to and learn from their experiences.

Collaborate with fellow artists and creatives who share your passion. The exchange of ideas and perspectives can spark new inspiration and push you to explore uncharted territories. Remember, nobody achieves greatness alone. Together, you can create a vibrant and supportive community that uplifts and empowers one another.

5. Embrace Change and Stay Open-Minded

A true artist is not afraid of change but rather embraces it with open arms. In your life, embrace change and remain open-minded to new possibilities. Allow yourself to step out of your comfort zone and try new things. Take risks and challenge the status quo.

Be curious and explore different avenues. Just like an artist experiments with different techniques and materials, allow yourself to experiment with different

paths and experiences. Embracing change not only leads to personal growth but also enhances your creative journey.

Remember, life is a blank canvas, and you hold the brush. Paint it with boldness, passion, and resilience. Create a life that reflects who you truly are and leave your unique mark on the world. Be the artist of your life and watch it transform into a masterpiece worthy of admiration.



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You have to take a decision.

Do you want to be happy, rich and satisfied?

Then, you need to learn how to do it.

What about mastering these subtle arts through a bunch of simple rules?

The Subtle Art of HAPPINESS

GOLDEN RULE

Being happy means living the moments of your life with pleasure.
Learn to live well what you choose to do and what happens to you.

RULE 1 - CHOOSE HAPPINESS

For some unclear reason, most people think they can't choose to have a sad or a happy life.

Choose consciously to be happy and be committed to it!

RULE 2 - IMPROVE YOUR ROUTINE!

Willingly or unwillingly, human beings base part of their life on habits.
Make sure you make your daily routine as good as possible.

RULE 3 - INCREASE YOUR PLEASURES!

Pleasure has the undoubted advantage of benefiting the spirit.
Increase the pleasures of your life as much as possible.

RULE 4 - DECREASE YOUR PROBLEMS!

Problems, no matter how big they are, bring worry and suffering.
Reduce as much as possible the problematic situations in your life.

The Subtle Art of SATISFACTION

GOLDEN RULE

The subtle art of Satisfaction means giving answers to your natural needs.
Be aware of your needs and fulfill them to live a pleasant and satisfying life.

RULE 1 - TAKE CARE OF YOUR BODY!

The first natural need of every animal is physical security. Never neglect the needs of your body.

RULE 2 - ELIMINATE YOUR FEARS!

Since humans started thinking, their fears went into their head.
Make sure you don't feel afraid of the world.

RULE 3 - SATISFY YOUR NEED OF BELONGING

What is called "social identity" is actually a natural need of feeling part of a group.
Find a place and a community that you really like and create strong bondings to satisfy your "need of belonging".

RULE 4 - EMBRACE LOVE AND AVOID HATRED

Feeling appreciated is another natural need of humans and love brings love, while lack of love brings hatred.
Accept and cultivate your needs while building good relationships, so you will give love and you will be loved.

RULE 5 - FEEL ALWAYS FREE TO GROW AND EVOLVE

The ability of thinking is what makes humans unique.
Never feel deprived of the freedom to express or to grow, in order to achieve self-realization.

RULE 6 - FOLLOW YOUR EMOTIONS AND GIVE YOUR CONTRIBUTE!

Emotions are the purest part of what we are and they lead us towards what we

care about.

Be always free to experience the emotions you feel and find your way to give your contribute to the people you love.

The Subtle Art of BEING RICH

GOLDEN RULE

Being rich means living the life you want without getting stuck in unwanted daily routines.

Learn how to live the life you want without obstacles, personal and economic.

RULE 1 - DO NOT STAY POOR

It may seem obvious, but you can't get rich if you always remain poor.

Decide not to be poor and be committed to that!

RULE 2 - ENRICH YOURSELF

To make money there are many ways and just keep doing them to get rich.

Learn to have the right attitude to become rich and committed daily.

RULE 3 - ENJOY WHAT YOU HAVE!

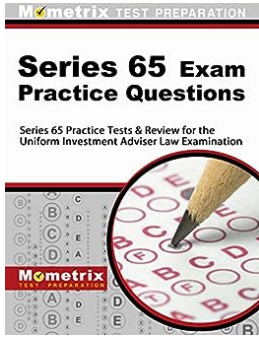
You can own everything, but it means nothing if you do not enjoy what you have.

Learn to enjoy the richness of life everyday.



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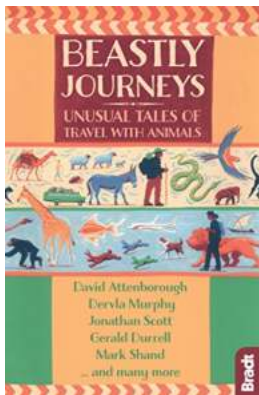
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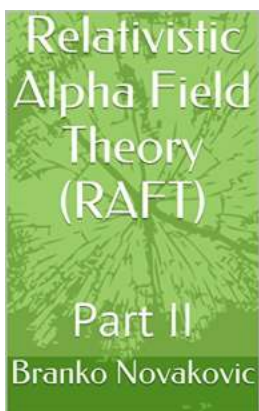
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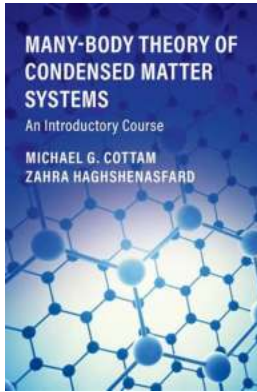
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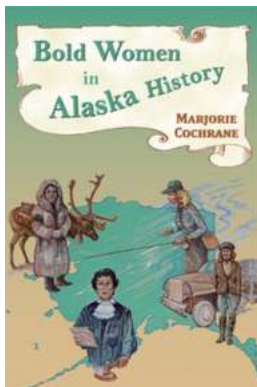
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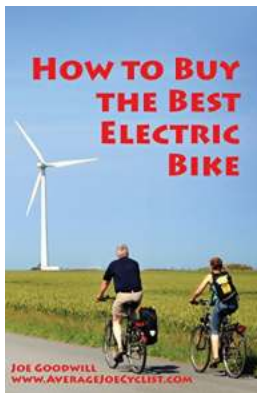
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