# All You Stubborn Players Rather Lose Instead Of Committing To Simple Soft First

Are you one of those stubborn players who would rather lose a game than commit to a simple, soft start? If so, you might be missing out on the opportunity to improve your skills and enjoy the game to its fullest potential. In this article, we will explore why some players resist starting with a soft approach and the benefits of adopting this strategy from the very beginning.

#### The Problem with Stubbornness

Stubbornness is a common trait among players of various games. It can stem from a desire to prove oneself, a fear of appearing weak, or simply the belief that a soft start lacks excitement. However, this mindset often leads to missed opportunities and unnecessary difficulties. Stubborn players end up requiring more effort and focus to recover from their initial mistakes, resulting in a less enjoyable experience overall.

By refusing to adopt a soft start, stubborn players are essentially setting themselves up for failure and frustration. They underestimate the power of a solid foundation and fail to recognize the importance of starting off on the right foot. This tendency can significantly hinder their progress and enjoyment of the game.

The Underhand Tennis Serve: All You Stubborn
Players Rather Lose Instead Of Committing To A
Simple Soft First Serve? by Keith Siragusa (Kindle Edition)

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File size : 2714 KB
Text-to-Speech : Enabled
Screen Reader : Supported



Enhanced typesetting: Enabled
Word Wise : Enabled
Print length : 10 pages



#### The Benefits of a Soft Start

Now, let's explore the benefits of committing to a simple, soft start. By doing so, players can unlock a range of advantages that can positively impact their gameplay:

### 1. Learning the Basics

A soft start allows players to focus on learning the basics of the game. It provides an opportunity to understand the mechanics, controls, and rules without feeling overwhelmed. By grasping the fundamentals early on, players can build a strong foundation for their future progress.

#### 2. Analyzing Strategies

A soft start enables players to carefully analyze different strategies and approaches. It presents a chance to observe and study the gameplay of others, creating a valuable learning experience. By taking the time to understand the strategies employed by successful players, one can better adapt and develop their own unique style.

#### 3. Developing Confidence

Starting with a soft approach allows players to gradually build their confidence. By making smaller, manageable moves at the beginning, players can boost their self-esteem and develop trust in their abilities. Confidence is essential in any game, as it promotes focus, decision-making, and resilience.

#### 4. Minimizing Frustration

A soft start helps to minimize frustration and disappointment. By avoiding unnecessary mistakes at the beginning, players can prevent setbacks and maintain a positive attitude throughout the game. This, in turn, leads to a more enjoyable experience and a reinforced sense of accomplishment.

#### **5. Increasing Long-Term Success**

Last but not least, committing to a soft start sets the stage for long-term success. By prioritizing a solid foundation and starting with simpler moves, players can develop good habits and strategies that will serve them well as the game progresses. This approach increases the chances of achieving success in the long run.

#### **Overcoming Stubbornness for a More Rewarding Experience**

Now that we have outlined the benefits of a soft start, how can stubborn players overcome their resistance and embrace this strategy? Here are a few tips to consider:

#### 1. Openness to Change

Be open to change and willing to try new approaches. Embrace the idea that a soft start can lead to better outcomes and a more enjoyable experience.

#### 2. Patience and Persistence

Recognize that progress takes time and patience. Stick to the soft start strategy even if it feels unfamiliar or less exciting at first. Trust that the benefits will become evident over time.

#### 3. Seek Guidance

Don't hesitate to seek guidance from more experienced players or online resources. They can provide valuable tips and insights on how to effectively implement a soft start strategy.

### 4. Emphasize the Journey

Shift your focus from solely winning to enjoying the journey itself. Embrace the learning experience and the growth that comes with adopting a soft start.

Remember that the ultimate goal is to continuously improve and enjoy the game.

In , stubborn players who resist committing to a simple, soft start miss out on the many benefits associated with this strategy. By learning the basics, analyzing strategies, developing confidence, minimizing frustration, and increasing long-term success, players can significantly enhance their gameplay and overall experience. It's time to overcome stubbornness and embrace the power of a soft start. Remember, the journey is just as important as the destination.



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#### Opinion

The underhand tennis serve is being put to waste. Think about how many matches could have been turned around with it.

Is it a mental weakness?

Is it the lack of courage?

Do you worry how others may react?

Is it disrespectful to the sport?

Do you feel it is a cheap shot?

Do you have strict moral standards?

Does tennis etiquette come first?

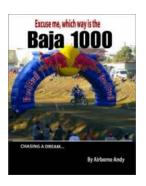
Do you really feel it is more honorable to lose then to do an underhand serve?

As a former college tennis player, I present my view on this forbidden act.



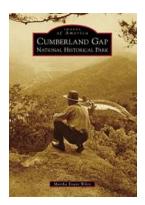
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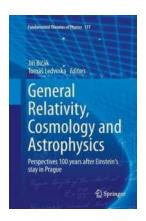
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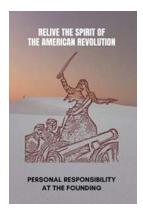
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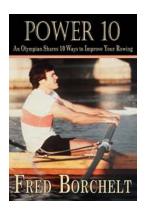
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