2022 Lima Peru Restaurants - The Food Enthusiast Long Weekend Guide

Are you a food enthusiast? Do you enjoy exploring different cuisines and trying out new restaurants? If the answer is yes, then Lima, Peru should be on top of your travel bucket list. Lima is known as the gastronomic capital of South America and offers a diverse culinary scene that will surely satisfy any food lover's cravings.

In this comprehensive long weekend guide, we will take you on a gastronomic journey through the stunning city of Lima. From traditional Peruvian dishes to international fusion cuisine, Lima has it all. Let's dive into the world of Lima Peru restaurants and discover the hidden gems that will make your taste buds dance with joy.

1. Astrid y Gastón





2022 Lima (Peru) Restaurants - The Food Enthusiast's Long Weekend Guide

by Rick Page (Kindle Edition)

★★★★ 4.2 out of 5

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Located in the trendy Miraflores district, Astrid y Gastón is a restaurant that showcases the best of Peruvian cuisine. Renowned chef Gastón Acurio will take you on a culinary adventure with his innovative interpretations of traditional dishes. Don't miss their famous ceviche and mouthwatering tiraditos.

2. Central



If you are looking for a unique dining experience, then Central is the place to be. Chef Virgilio Martínez Véliz brings the concept of "altitude cuisine" to life, using ingredients from different elevations of Peru. Each dish tells a story and showcases the incredible biodiversity of Peruvian ingredients.

3. Maido



For a taste of Japanese-Peruvian fusion cuisine, head to Maido. Chef Mitsuharu Tsumura seamlessly blends the flavors of both cultures to create a unique dining experience. From sushi to Nikkei-inspired dishes, Maido will take your taste buds on a delightful journey.

4. El Mercado



If you are in the mood for casual dining, then El Mercado is the perfect spot. This vibrant eatery offers a wide range of Peruvian classics, including delectable seafood dishes. The cozy atmosphere and friendly service make it a popular choice among locals and tourists alike.

5. La Mar



For seafood lovers, La Mar is a must-visit. This renowned restaurant offers a variety of fresh ceviche and other seafood delicacies. The lively ambiance and ocean views add to the overall dining experience, making it a favorite among locals and tourists.

6. Rafael



If you are looking for a culinary adventure off the beaten path, then Rafael is the perfect choice. Located in the bohemian Barranco district, this small eatery offers a creative menu inspired by traditional Peruvian ingredients. Each dish is beautifully presented, making it a feast for both the eyes and palate.

These are just a few of the many incredible restaurants Lima has to offer. Whether you are a seafood lover, a fan of fusion cuisine, or someone who enjoys traditional dishes, Lima has something for everyone. The city's vibrant food scene is constantly evolving, with new and exciting restaurants popping up every day.

So, if you are planning a long weekend getaway in 2022, make sure to put Lima, Peru on your list. Indulge in the culinary delights that this city has to offer and embark on a food adventure you won't forget.



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There are many people who are enthusiastic about food—the cooking of it, the preparation of it, the serving of it, and let's not forget the eating of it.

But Andrew Delaplaine is the ultimate Food Enthusiast.

"This concise guidebook was exactly what I needed to make the most of my limited time in town."

= Tanner Davis, Milwaukee

This is another of his books with spot-on reviews of the most exciting restaurants in town. Some will merit only a line or two, just to bring them to your attention.

Others deserve a half page or more.

"The fact that he doesn't accept free meals in exchange for a good review makes all the difference in his something brutally accurate reviews."

= Jerry Adams, El Paso

"Exciting" does not necessarily mean expensive. The area's top spots get the recognition they so richly deserve (and that they so loudly demand), but there are plenty of "sensible alternatives" for those looking for good food handsomely prepared by cooks and chefs who really care what they "plate up" in the kitchen.

For those with a touch of Guy Fieri, Delaplaine ferrets out the best food for those on a budget. That dingy looking dive bar around the corner may serve up one of the juiciest burgers in town, perfect to wash down with a locally brewed craft beer.

Whatever your predilection or taste, cuisine of choice or your budget, you may rely on Andrew Delaplaine not to disappoint.

"Unlike the 'honest' reviews on site like Yelp, this writer knows what he's talking about. He's a professional, with decades in the business, not an amateur."

= Holly Titler, Los Angeles

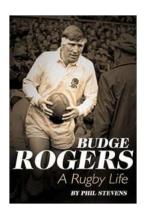
Delaplaine dines anonymously at the Publisher's expense. No restaurant listed in this series has paid a penny or given so much as a free meal to be included.

Bon Appétit!



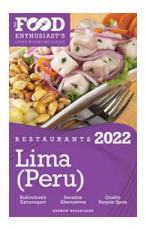
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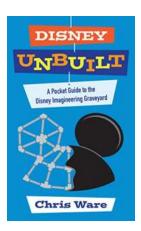
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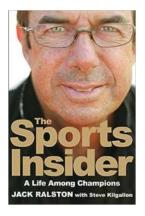
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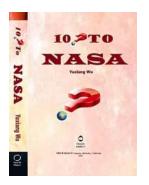
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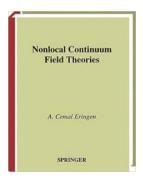
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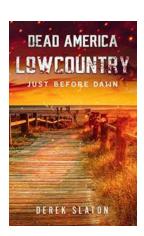
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