2016 Update Top 175 Solo Travel Tips

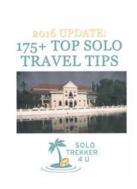
Are you ready to embark on a solo travel adventure? Whether you're a seasoned globetrotter or a first-time solo traveler, having some useful tips at your disposal can make your journey even more enjoyable and stress-free. In this article, we've compiled the top 175 solo travel tips to help you make the most out of your solo travel experience in 2016 and beyond.

1. Research your destination

Before embarking on any solo trip, it's essential to research your destination thoroughly. Learn about the local language, customs, culture, and any safety concerns. This information will be invaluable in ensuring a smooth and enjoyable experience.

2. Pack light

One of the golden rules of solo travel is to pack light. Traveling with less luggage not only saves you the hassle of carrying heavy bags but also allows for more flexibility and freedom during your trip. Stick to the essentials and leave room for souvenirs!



2016 Update: Top 175+ Solo Travel Tips

: Enabled

by Robert Harker (Kindle Edition)

★★★★ 4.5 out of 5

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Word Wise : Enabled

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Lending



3. Stay connected

In today's digital age, staying connected while traveling solo has become easier than ever. Make sure to bring a smartphone or a portable Wi-Fi hotspot to access maps, translation apps, and to stay in touch with loved ones back home.

4. Be open to new experiences

Solo travel presents a unique opportunity to step out of your comfort zone and embrace new experiences. Be open-minded and willing to try new things, whether it's tasting local cuisine, participating in cultural activities, or making new friends along the way.

5. Trust your instincts

As a solo traveler, it's important to trust your instincts and rely on your intuition. If a situation feels uncomfortable or unsafe, remove yourself from it immediately. Your well-being and peace of mind should always be a top priority.

6. Learn some basic phrases

Even if you're not fluent in the local language, learning a few basic phrases can go a long way in connecting with locals and navigating your destination more easily. Simple greetings, thank you, and polite phrases will be highly appreciated and can help break down communication barriers.

7. Keep copies of important documents

Before setting off on your solo adventure, make sure to scan and email copies of your important documents like passports, visas, and bookings to yourself. In case

of loss or theft, having electronic copies will make it easier for you to replace them.

8. Stay vigilant

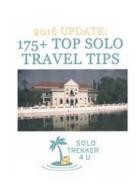
While solo travel can be incredibly rewarding, it's important to stay vigilant and be aware of your surroundings. Keep an eye on your belongings at all times and be cautious of any potential scams or pickpockets that may target tourists.

9. Pack a first aid kit

Accidents happen, even when you're traveling alone. Packing a basic first aid kit with essentials like band-aids, pain relievers, and any necessary medication can save you a lot of trouble in case of minor injuries or illnesses.

10. Embrace solo dining

One of the joys of solo travel is the freedom to eat wherever and whatever you desire. Embrace the experience of dining alone and take the opportunity to try local delicacies without having to compromise on your preferences.



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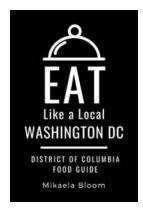


I have traveled to 66 countries and all 50 US states. I have navigated low-grade civil wars, dodged guarantines and survived two emergency landings on commercial jets (luckily no one was hurt). In Zimbabwe, I just missed being dinner for leering crocodiles. With all these adventures behind me, I still find that I learn something every trip. In the last two years, a number of changes have occurred impacting solo travelers. In many cases, these issues are ones for all travelers to consider. However, if you are traveling the world alone, there is no backup to help with a Plan B. A good example of this? I traveled as a woman alone in the Middle East. At the Amman, Jordan airport, women were screened for security privately in a separate room. Unfortunately, that meant I had to leave my purse, roller bag and all my belongings out on a conveyor belt in another room. I improvised. I quickly grabbed my wallet and passport. When I went through security, I held the out to for inspection. There was no problem. Fortunately, when I returned all my belongings were waiting for me. However, traveling alone means there is no one to help out with smaller issues like this or sometimes on larger hurdles that can arise on travel.

Changes that have had the most impact recently are primarily:

- 1. Security concerns, especially at times of political crisis and unrest...
- 2. New technology for immigration with passport and visa revisions resulting.
- 3. Health concerns from the prior Ebola outbreak to now the spread of Zika.
- 4.As smaller airplanes are being used for longer distances, the allowed weight and size of carry-on's bags are quickly shrinking.
- 5. While select providers have some deals for solo travelers or waive single supplements in certain cases, the cost of traveling alone is still high.

Please join us to build out the solo travel community to achieve greater collective purchasing power for those traveling the world alone. We welcome your comments at www.SoloTrekker4U.com and wish you safe travels!



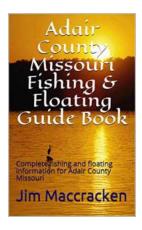
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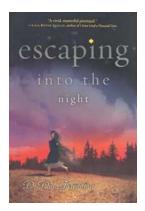
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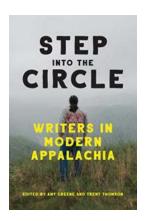
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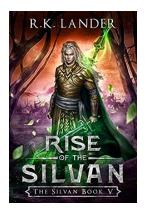
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