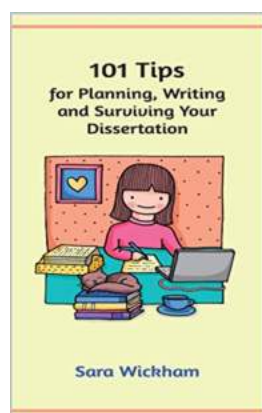


# 101 Tips For Planning, Writing, And Surviving Your Dissertation

Your dissertation is a culmination of years of hard work, dedication, and extensive research. It is a daunting task that requires careful planning, effective writing strategies, and a strong will to survive the challenges that come along the way. In this article, we will provide you with 101 invaluable tips to help you navigate through the process of planning, writing, and ultimately surviving your dissertation.

## Section 1: Planning Your Dissertation

1. Start early: Begin your planning process as early as possible. Time is of the essence, and starting early will allow you to have a clear timeline for each stage of your dissertation.
2. Choose a topic you are passionate about: Select a topic that genuinely interests you. Your passion will be your driving force throughout the entire process.



## 101 Tips for Planning, Writing and Surviving Your Dissertation by Sara Wickham (Kindle Edition)

★★★★☆ 4.6 out of 5

Language	: English
File size	: 926 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 126 pages
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Item Weight	: 15.8 ounces

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3. Discuss your topic with your advisor: Seek guidance from your advisor regarding your topic to ensure it aligns with the requirements and objectives of your academic program.

4. Create a detailed plan: Break down your project into smaller tasks and set specific deadlines for each one. This will help you stay organized and ensure you make steady progress.

5. Research extensively: Conduct thorough research on your chosen topic. Explore different sources such as books, academic journals, and reputable websites to gather relevant information.

6. Document your research: Keep records of your sources, including citations and bibliographic details, to ensure accuracy and ease of reference later on.

7. Consider potential obstacles: Anticipate potential challenges you may face during your research and develop strategies to overcome them. This will help you avoid unnecessary delays or setbacks.

## **Section 2: Writing Your Dissertation**

8. Develop a strong thesis statement: Craft a clear and concise thesis statement that summarizes the main argument of your dissertation.

9. Create an outline: Organize your ideas and arguments by creating a comprehensive outline. This will serve as a roadmap for your writing process.

10. Follow the prescribed structure: Familiarize yourself with the required structure and format of your dissertation. Adhere to the guidelines provided by your academic institution.

11. Write consistently: Establish a writing routine and dedicate consistent blocks of time to work on your dissertation. This will help you maintain momentum and make steady progress.

12. Seek feedback: Regularly share your drafts with your advisor or peers for constructive feedback. Incorporate their suggestions to enhance the quality of your work.

13. Edit and proofread meticulously: Pay attention to grammar, spelling, and punctuation. Edit and proofread your work multiple times to eliminate any errors.

14. Maintain a coherent writing style: Ensure consistency in your writing style and language throughout your dissertation.

15. Use appropriate citations: Properly cite all your sources using the required citation style. Plagiarism is a serious offense and can have severe consequences.

### **Section 3: Surviving Your Dissertation**

16. Take breaks: Remember to take regular breaks to relax and recharge. Resting your mind will enhance your productivity and prevent burnout.

17. Seek support from friends and family: Share your concerns and challenges with your loved ones. Their support and understanding can make the journey less lonely.

18. Join a dissertation support group: Connect with fellow students who are going through the same process. Sharing experiences and tips can be highly beneficial.

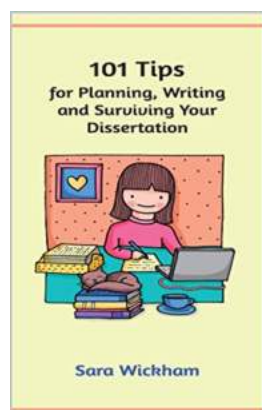
19. Stay organized: Keep your research materials, notes, and drafts organized. A clutter-free workspace will help you stay focused and avoid unnecessary stress.

20. Celebrate milestones: Acknowledge and celebrate the completion of significant milestones during your dissertation journey. This will motivate you to keep going.

21. Take care of your mental and physical health: Engage in activities that promote your well-being. Eat healthily, exercise regularly, and manage your stress levels.

22. Stay focused on the bigger picture: Remind yourself of the importance and impact of your dissertation. Remember that it is a stepping stone towards your future academic and professional goals.

In , planning, writing, and surviving your dissertation requires meticulous preparation, consistent effort, and a resilient attitude. By implementing these 101 tips, you will maximize your chances of success and come out of this challenging journey with a well-crafted, impactful dissertation.



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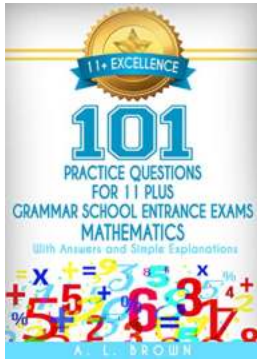
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Are you wondering how to start your research or dissertation journey, swimming through a sea of papers or looking for help knitting your discussion together? Do you need advice for getting the most out of your tutor or how to keep on track with your thinking, writing and analysis? What is critical analysis, in fact, and how do you do that while still having a life?

The 101 tips in this book cover a wide range of areas from how to create a good question and keywords to what to do when someone publishes a ground breaking new study on your topic the week before you're due to submit your work. Written in an accessible, friendly style and seasoned with first-hand advice and comments from others who have trodden the path, this book combines sound, practical tips from an experienced academic with reminders of the value of creativity, chocolate and naps as investments in your work.

Dr Sara Wickham has written three dissertations of her own, served as the editor of three professional journals and authored fifteen books. She also lectures internationally. This book draws upon Sara's experience of midwifing hundreds of people on their research journeys.



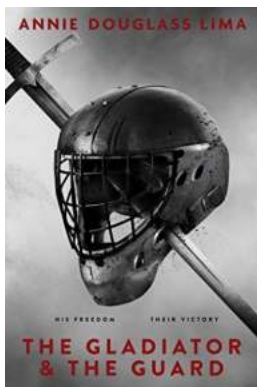
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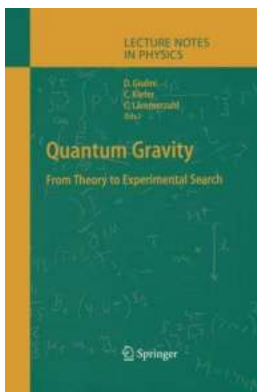
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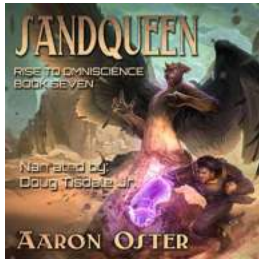
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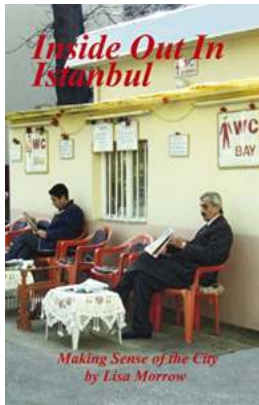
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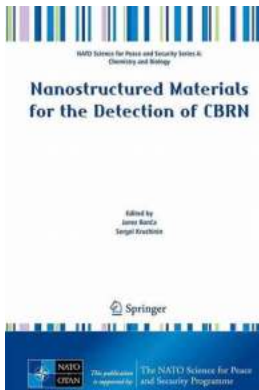
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